







12335 North Community House Rd. Charlotte, NC 28277 704.341.4242

Mon-Sat: 10 am - 7 pm





Piedmont Plastic Surgery & Dermatology now offers *Restylane-L*™ Injectable Gel and *Perlane-L*™ Injectable Gel with 0.3% lidocaine

The Restylane® Injectable Gel and Perlane® Injectable Gel you know and trust are combined with a local anesthetic (lidocaine) to help reduce discomfort.ª







After 3 mL of *Restylane*. Individual results may vary.

Restylane-L' Ferlane-L'

The Restylane family of products includes Restylane, Restylane-L, Perlane, and Perlane-L. These products can be used individually to add volume and fullness to the skin to correct moderate to severe facial wrinkles and folds, such as the lines from your nose to the corners of your mouth (nasolabial folds). Ask your healthcare professional which is right for you.

#### Important Safety Considerations for the Restylane family of products

Products in the *Restylane* family should not be used by people with previous bad allergies, particularly to certain microorganisms known as gram-positive bacteria, or by people with previous bad allergies to drugs that have required in-hospital treatment. These products should not be used by people with bleeding disorders. Injections should not be made anywhere except the skin or just under the skin. *Restylane-L* and *Perlane-L* should not be used by people with a known allergy to lidocaine.

Use of products in the Restylane family at the site of skin sores, pimples, rashes, hives, cysts, or infection should be postponed until healing is

complete. Use of the products in these instances could delay healing or make your skin problems worse. After your treatment, you might have some swelling, redness, pain, bruising, and tenderness. This will normally last less than seven days. In rare circumstances, the doctor may inject into a blood vessel, which can damage the skin. Although rare, red or swollen small bumps may occur. If you have had facial cold sores before, an injection can cause another outbreak. To avoid bruising and bleeding, you should not use the products if you have recently used drugs that thin your blood or prevent clotting. If you are pregnant, breastfeeding, or under 18 years, you should not use products in the *Restylane* family.

Patients should be limited to 6.0 mL per treatment. The safety or effectiveness of products in the *Restylane* family for the treatment of anatomic regions other than nasolabial folds have not been established in controlled clinical studies.

The Restylane family of products is available only through a licensed practitioner. Complete product and safety information is available at www.RestylaneUSA.com.



Piedmont Plastic Surgery www.ppsd.com & Dermatology 704-542-2220

Piedmont Plastic Surgery and Dermatology

5815 Blakeney Park Drive #100 Charlotte, NC 28277 www.ppsd.com 704-542-2220 Buy 2 syringes of *Restylane-L* or *Perlane-L* and get a third syringe for FREE.

Call our office today to learn more about Restylane-L and Perlane-L.

Not valid with any other offer.

<sup>&</sup>lt;sup>a</sup> In clinical studies evaluating the Restylane family of products, Restylane-L<sup>o</sup> and Perlane-L<sup>o</sup> demonstrated less discomfort at injection and up to one hour later compared to Restylane and Perlane, respectively.



#### FROM SHOPPING TO RELAXING

**ഉദ്യാര്യാരുമെത്തെയുടെ അത്യാരുമാ** 

Bad Daddy's Burger Bar Chef Kwo Fox & Hound English Pub Libretto's Pizzeria McAlister's Deli Pizza Hut Yo Fruitty Zapata's Mexican Restaurant

#### **WE GOT YOU COVERED**

**ജ്ജെ** ഒരു ഒരു ഒരു ഒരു ക്കാരു ക്കാരു ക്കാരു ക

Advance Eyecare Associates
Ballantyne Center for Dentistry
Ballantyne Kicks
Blockbuster Video
Carmen!Carmen!
Carriage Fine Dry Cleaning
Criswell & Criswell Plastic Surgery
FastFrame

Get In Shape For Women

Harris Teeter

**Helen Adams Realty** 

Hollywood Tans

Ni Ni Nail Spa

NutriShop

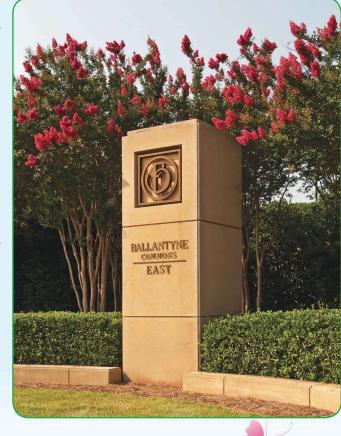
**Rite Aid** 

SuperCuts

The Cubbyhole

The UPS Store

**Wolf Camera** 





Ballantyne Commons East 15007 - 15235 John J. Delaney Drive Charlotte, NC 28277 AmCap

www.AmCap.com



Stylish Furniture. Smart Che



Special pricing throughout our showroom including  $15\%\,OFF$  any Custom Order

4 Years NO Interest with ZERO Down Payment!\*



#### New shipments arriving weekly.



#### Visit our **NEW** store location.

Across from Carolina Place Mall.

11410 Carolina Place Parkway Pineville, NC 28134

704.941.2999 | **SavvySpaces.com** 

\*No down payment except the amount equal to your sales tax and delivery fees. No Interest if paid in full by March 2016. Interest will be charged to your account from the purchase date if the purchase balance is not paid in full within the promotional period or if you make a late payment. The Savvy Spaces credit card is issued by Wells Fargo Financial National Bank. Special terms apply to purchases charged with approved credit until 1/1/2016. Regular minimum monthly payments are required during the promotional period. For newly opened accounts, the regular APR is 27.99%. The APR may vary. The APR is given as of 10.1.2011. If you are charged interest in any billing cycle, the minimum interest charge will be \$1.00. Offer expires 3.31.2012.

#### **FEATURES**



**Big Buildup**CMC-Pineville boosts services, nearly triples space.



Painting By the Sip
This girls' night out

is a picture of fun.



**Derby Time**Charlotte Speed Demons

train in Ballantyne.





#### **DEPARTMENTS**

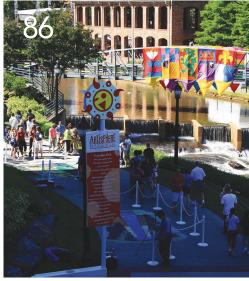


WIRE	;
FACES	,
EXPERT DIRECT	,
WHO KNEW?	,
FAB FARE	,





DATE NIGHT	66
STYLE POINTS	72
SOCIAL SEEN	76
ONE TANK TRIP	86
TEE IT UP	93



# BALLANTYNE

Published by Bissell Companies Inc.

> **Publisher** JJ Bissell

**Creative Director** Larry Preslar

> Ad Design Tony Cole

#### Contributors

Shane Baskin Nan Bauroth Michelle Boudin Andrea Gill George Hendricks, Blackbox Studios Andrew Kiger Tony Mecia Jessica Milligan Sean O'Connell Mary Elizabeth Robertson Regina Robertson Ann Saari Ray Sepesy Shelly Spencer

#### Diane Vachon **Editing and Proofing**

Christina Thigpen

Susan Shackelford

#### **Publication Design and Production** SPARK Publications

www.SPARKpublications.com

#### Distribution

Jo Harashima

#### **Advertising**

Marcy Saele Account Representative 704-248-2155 msaele@ballantynemagazine.com

#### Please send all editorial items to:

JJ Bissell **Publisher** 704-248-2000 jjbissell@ballantynemagazine.com

©2012 Bissell Companies Inc.

No part of this publication may be reproduced in any form without the express written consent of the copyright owner. Ballantyne Magazine does not necessarily endorse the views and perceptions of contributors or advertisers.

Spring 2012 Vol. 12 No. 1

BALLANTYNE MAGAZINE SPRING 2012

# Women's hearts are unique.

When it comes to heart disease, men and women don't always have the same symptoms. At Presbyterian's Women's Heart Center, you can find out if you're at risk for a heart attack through advanced diagnostic screenings customized for you. We are a comprehensive center for heart

care, focused on prevention, early diagnosis, research and education. To find out if you're at risk, schedule your \$199 personalized heart disease assessment. It's a small price to pay for your heart and your peace of mind.

To schedule your risk assessment, call 704-384-CARE (2273), or visit www.presbyterian.org/WomensHeart to learn more.



Remarkable People. Remarkable Medicine.

In affiliation with



# Lp, Up & Away Spring Serves Up Colorful Fun, Renewal



I'VE ALWAYS CONSIDERED SPRING THE REAL NEW YEAR. Energized by Mother Nature's renewal, we emerge from our winter cocoon, inspired by the seasonal metamorphosis. We feel all things are possible.

And what better way to appreciate the glories of the season than with man's best friend. The yearning expression of our cover dog lures us to get out and smell the roses at one of Ballantyne's best-kept secrets, the free dog park at William R. Davie Park.

With that as the starting point, our issue explores the joys of spring in every direction. We suggest a One Tank Trip to Greenville, S.C., where you can spend a long weekend in the heart of downtown and never run out of fun — from art extravaganzas and one-of-a-kind shops to noted farm-to-table cuisine.

In "Painting By the Sip," we follow some moms as they tap into their inner artist — being careful not to dip their paintbrush into the wine they enjoy to inspire their collective muse!

When it comes to fashion, spring is always about the new "it" color, which this year is Tangerine Tango. Style Points features the latest high fashion looks splashed with this electrifying redorange and other vibrant shades designed to recharge us. The same radiant glow is also enlivening interior décor this spring, so we turn to local experts who explain the newest trend of incorporating the outdoor environment into our indoor space through natural elements — with an accent on tangerine for a kick of color.

Another way to get your kicks with color in Ballantyne is spending a night out with the girls at a painting party. In "Painting By the Sip," we follow some moms as they tap into

their inner artist — being careful not to dip their paintbrush into the wine they enjoy to inspire their collective muse!

Kicking up your heels can take other unusual forms. In "Derby Time" we introduce you to Ballantyne resident Brandi Efird, dental hygienist by day and roller-derby Speed Demon by night. This determined athlete shares her love of the sport, and that she and her teammates hope to transform their rough-and-tumble game into an Olympic sport.

Our Date Night couple gets into the spring mood by hitting the links and then savoring the sizzle in StoneCrest at Smashburger (the chain, by the way, just took top honors on Forbes' "Most Promising Companies" list). In Fab Fare, we get into cuisine much differently, visiting 18 Asian & Sushi Bar in Blakeney Crossing for highly popular

"Sweet 18" dish and much more.

One of the most momentous signs of renewal this season is the \$300 million rebirth of CMC-Pineville. We take you inside this state-of-the-art health care facility that now ranks as a full-service hospital right in our own backyard, offering procedures previously available only uptown, including open heart surgery.

This spring we have a special reason to rejoice here at Ballantyne Magazine.

For the second time in only two years, MarCom, the association of marketing and communication professionals, has bestowed its Gold Award on us, this time for overall design. Kudos to Larry Preslar, creative director for SPARK Publications, who spearheads the quarterly design that showcases our fresh editorial direction.

With that, it's spring — and up, up and away!

JJ Bissell

Publisher, Ballantyne Magazine

10 BALLANTYNE MAGAZINE SPRING 2012



# Discover the Crown Jewels at Ballantyne Village...

ABC Store (Meck. Co.)
Ballantyne Nail Spa
Ballantyne Village Regal Theatre
Ballantyne Village YMCA
The Blue Taj
The Blushing Bakeshop
Brock Moran Home
Carolina Dental Arts of Ballantyne
Cellular Sales, Verizon Wireless
Authorized Retailer

The Cunnane Group
D'Vine Wine Café
The Wine Shoppe at D'Vine
Edward Jones Investments
Emerson Joseph
Extreme Pita
FedEx Kinko's
Forest Hill Church
Her Therapy

I.C. London
Jade Asian Fusion & Sushi Bar
Jewelry Artists of Charlotte
Jesse Brown's Adventure
Kilwin's Chocolates & Ice Cream
Law Avania
Massage Envy
Mellow Mushroom
Modern Salon & Spa

Moe's Southwest Grill
Outland Gift & Cigar
Panera Bread
Rush espresso
Salutations Fine Stationery & Gifts
Smoothie King
Superior School of Real Estate
Terrace Café
Villa Antonio

14825 BALLANTYNE VILLAGE WAY | CHARLOTTE, NORTH CAROLINA

www.ballantynevillage.com



"STAY CONNECTED WITH THE NEW 2012 CHEVROLET SONIC"



**GET** moore moore moore

SAVE

**EXPECT** 



authorized service

SteveMooreChevrolet.com 704.551.6400



# WIRE What's happening in and around Ballantyne





#### **NEWS CUES**



#### Women's Club Wins DAR Award

The Lower Providence Women's Club, the preservation group at The Lower Providence Community House, will receive the Daughters of the American Revolution's Historic Preservation Award on March 14.

After reviewing the detail, description and authenticity of the preservation project, The Mecklenburg Declaration of Independence Chapter of the DAR recommended the women's club for the honor.

The old log cabin, located across from Community House Middle School, was built in 1938 and is designated a Mecklenburg County Historical Landmark. Constructed by local farmers, the building served as a meeting place for women active in a Homemaker's Club.

The club's most recent preservation accomplishments are restoration of the fireplace and chimney. Preservation of the log walls is currently underway.

As part of fundraising activities to continue this effort, The Lower Providence Community House will launch its fourth Monthly Lecture Series on Sunday March 25. Taylor Piephoff, a local naturalist, will speak on "Backyard Birds."



#### **Spring Forward** At the Hotel & Lodge

From cooking classes to sumptuous brunches at Easter and Mother's Day, The Ballantyne Hotel & Lodge serves up an array of activities this spring. All are open to the public but require, or recommend, reservations.

Cooking School: Under the direction of Chef de Cuisine J. Kelly Morrow and Executive Sous Chef David Moore, the school offers two session this spring.

Each one begins with a continental breakfast, mimosas and Bloody Marys. The chefs then lead the class in preparing a variety of dishes, detailing techniques as well as aspects of presentation.

The spring sessions are "Cheese! Need We Say More?" on March 17 and "Lamb, Nose to Tail" on April 14.

Classes are limited in size to provide personal attention and hands-on instruction. Each school is held on a Saturday from 10:30 a.m. to 1:30 p.m.

On completion of each session, attendees receive a folder of recipe cards. Cost is \$85 plus tax and gratuity, and reservations are required: 704-248-4100.

Scotch Society: On Saturday, March 24 from 6 p.m. to 8 p.m. at Gallery Restaurant, join the Scotch Society of Ballantyne to

discover the nuances of Irish whiskey. Cost is \$35 per person, and reservations are recommended: 704-248-4100 or htapper@theballantynehotel.com.

Easter Brunch: This holiday favorite is Sunday, April 8, from 11 a.m. to 3 p.m. Enjoy salads, decorative displays, seasonal entrées, breakfast items, carving station and desserts, as well as live entertainment.

The Easter Bunny will make an appearance, and there will be an Easter egg hunts for brunch guests at 11:30 a.m., 1 p.m. and 2:30 p.m. Please request your preferred egghunt time when making your reservation, in addition to your requested brunch time.

Cost is \$59.50 per person, \$29.50 for children ages 5-12, and complimentary for children ages 4 and under (pricing does not include tax and gratuity). Advance reservations required: 704-248-4100 or www.gallery-restaurant.com.

Mother's Day Brunch: Celebrate with an elegant meal to honor mom on Sunday, May 13, from 11 a.m. to 3 p.m. In addition to seasonal entrees, seafood, salads, accompaniments and desserts, there will be live entertainment. Cost is \$59.50 per person, \$29.50 for children ages 5-12, and complimentary for children ages 4 and under (pricing does not include tax and gratuity). Advance reservations required: 704-248-4100 or www.gallery-restaurant.com.

Tickets are \$10 at the door, and the public is welcome. More info: 704-905-8334 or www.lowerprovidencelogcabin.org.



## Website Offers Free Announcements

Pubdog Enterprises LLC, owned by Ballantyne resident James McCoy, has launched a free website, www.storktimes.com. It allows family and friends to create customized baby announcements in the form of newspaper articles.

Announcements include the newborn's name, birth date, location and measurements, and are also themed for a potential future career such as firefighter or teacher. Announcements can be downloaded to a PC in PDF form for sending via email to a contact list, or to the user's Facebook and Twitter accounts.



# **Cricket Club Finds Practice, Match Sites**

The Charlotte Ballantyne Cricket Club announced it is now practicing at Olde Providence Racquet Club in southeast Charlotte.

Also, the new site where the team will play this year will be Kilbourne Park near uptown. The club, whose season kicks off March 24, is currently recruiting new members as well as local business sponsorships. Learn more: email cbcccricket@gmail.com, or visit www.ballantynecricket.org.

# **Breakfast Club Sets Spring Meetings**

The Ballantyne Breakfast Club, an information forum for the area, is celebrating its second decade of community service in 2012. Meetings this spring are scheduled for two Saturdays, April 14 and June 9.

The club will also hold its Fifth Annual Tommy Bahama Party & Fashion Show at the Aloft Charlotte Ballantyne in May.

Meetings are free and open to the public, and held at The Ballantyne Hotel & Lodge starting at 9 a.m. Attendees gather at 8 a.m. to enjoy complimentary coffee and refreshments. Info: Ray Eschert at 704-651-1237 or reschert@aol.com, or go to www.ballantynebreakfastclub.com.

# YMCA Hosts Camps, Events

Registration for Summer Day Camp, the Children's Academy PreSchool and Ballantyne Preschool of the Arts at the Morrison Family YMCA is now open.

Among other Y offerings, this year's Run! Ballantyne 10K/5K Race and 1-Mile Fun Run — which had close to 1,000 runners last year — will take place on Saturday, May 19. The charitable event is co-sponsored by Ballantyne Village.

Other upcoming community events include the annual charity golf tournament in June, and the Third Annual Tri-Ballantyne, growing in popularity for novice

# Aloft's Annual Spring Fling

Friday, April 13 6:00pm-10:00pm

Join Aloft & Teal Toes in our mission to raise awareness of Ovarian Cancer.





Celebrate the season in a-list style at Aloft!
Enjoy live music, food & festivities.

Mix & mingle in our w xyz lounge.



**Stay & play** with our weekend rates beginning at **\$99** per night.



13139 Ballantyne Corporate Place | Charlotte, NC 28277



704.247.2222 | www.aloftcharlotteballantyne.com facebook.com/aloftballantyne

SPRING 2012 BALLANTYNE MAGAZINE

and experienced athletes, now set for July 14. More info: 704-716-4650 or www.ymcacharlotte.org/branches/morrison.

#### Golf Club Honors Military, Adds Event

To honor the military during Armed Forces Week, May 12-19, The Golf Club at Ballantyne is offering 50 percent off the regular golf rate. Present a military identification upon arrival. Reserve a tee time at 704-248-4383.

The club will also host a new golf tournament as part of Charlotte Wine & Food Weekend. The April 18 event will have a shotgun start at 8:30 a.m., followed by an awards luncheon. Prizes for the longest drive, the longest putt, straightest drive and closest to the pin will be given. Players with a hole-in-one could win a new Lincoln, one of the sponsoring partners for this year's wine and food festival.

Beneficiaries of Charlotte Wine & Food Weekend are Council for Children's Rights, Second Harvest Food Bank, Pat's Place and Charlotte Community Health Clinic. Details: www.CharlotteWineandFood.org or 704-338-9463 (WINE).

#### **Chamber Announces Luncheon Dates**

The Ballantyne chapter of the Charlotte Chamber will hold meetings this spring on three Thursdays — March 1, April 5 and May 3. Luncheons are from 11:30 a.m. to 1 p.m. at The Ballantyne Hotel & Lodge. To register for a meeting, go to www.charlottechamber.com. The fee is \$20 in advance and \$25 at the door subject to a wait list.

#### Libretto's Pizzeria Begins Delivery

Libretto's Pizzeria in Ballantyne Commons East has started delivery service. The eatery also now offers a Sunday Family Affair special, where children under 10 eat for free. Details: www.librettospizzeria.com.



THE YOUNGER SET

#### Ballantyne Elementary Wins Cookware

Ballantyne Elementary School won a \$2,000 grant for new cookware from First Lady Michelle Obama's "Let's Move" initiative. Diane Davis, the school's cafeteria manager, entered the nationwide challenge to develop nutritious recipes for school lunchrooms.

The cookware kit includes a stock pot, induction burner, sauce pan and utensils. Davis and the school's "adopted" chef, Tori Groat, will use the new cookware to teach children and their parents how to cook healthy meals.

# **Endhaven Nabs Award, Spotlights Fitness**

Teacher Dee Chinault and her fifth-grade science students at Endhaven Elementary School received the Field to Fork Award from the Mecklenburg County Health Department, Fuel Pizza Café of Charlotte, the Mecklenburg County Fruit & Vegetable Coalition, Charlotte Green and the Charlotte-Mecklenburg Schools.

The initiative features students and teachers in CMS learning about the health benefits of vegetables and herbs through growing "pizza gardens." In 2012, the program

will involve 14 elementary schools with the help of funding through a grant provided by The 704 Project.

In January, Endhaven hosted its first Family Fitness Night, which featured five exercise stations. Parents and community volunteers coordinated the event. Lisa Lemaster, a literacy and math facilitator at the school, is seeking local businesses to form a community partnership for similar events. Info: 980-343-5436 or lisa. lemaster@cms.k12.nc.us.



**BIZ BUZZ** 



#### Firm Celebrates Milestone, Rebrands

Burke Communications, a full-service Charlotte

advertising agency located in SouthEnd, recently debuted its new brand with the rollout of a new website. Jack Burke, agency founder and CEO, is a longtime resident of Ballantyne and major supporter of Toys for Tots.

The firm's updated logo and colors, collateral, brochures, folders, videos and website were completed to honor the company's 20th anniversary.

The agency has a creative department and in-house production video suite with film studio capabilities. Websites also constitute a major component of Burke's core business. In 2011, the Charlotte Business Journal ranked the agency 25th in the small business category as one of the Best Places to Work in Charlotte. The agency has also received two Addys, a Telly and two MarCom Awards for videos.



# Courtyard by Marriott Renovates Lobby

The Courtyard by Marriott in Ballantyne Corporate Park has completed an extensive lobby renovation. The new design features flexible work and social spaces, including booths with HD TVs, and a 24/7 food and beverage market.

The centerpiece of the renovation is the high-tech GoBoard, a 52-inch touch screen offering local information, maps and weather, as well as news, business and sports headlines. Details: 704-341-0041 or www.courtyardballantyne.com.

16 BALLANTYNE MAGAZINE SPRING 2012



Brian Neher

## Artist Launches Instructional DVDs

Brian Neher, a local artist who specializes in portraits, has introduced a series of instructional DVDs for aspiring portrait painters. The DVDs, which are designed for beginning or advanced students, cover the foundations of

representational art.

Neher recently held a "You Be the Judge" art contest on his website that attracted entrants from around the world. The winner, chosen by popular vote, was from Italy. Learn more: www.brianneher.com.

#### Flightscope X2 Now at School

Dana Rader Golf School has introduced FlightScope X2, a Doppler tracking golf radar system. The new portable indoor-outdoor 3D device allows the school to serve students more easily when fitting clubs, tracking distances for each club and identifying the correct path of the swing. Details: www.danarader.com.



Hazel Bae

# Fashion Design Studio Opens in Pineville

Hazel Bae, a graduate of the Art Institute of Seattle in fashion design, has launched a business in Pineville, the Fashion Design Studio.

Bae, who currently sells her clothing designs made of organic materials on Etsy, offers instruction in garment construction and design, as well as sewing classes. Bae will compete against other designers at the Charleston Emerging Designer Competition during Fashion Week 2012. More info: 704-577-9309, fdscharlotte@gmail.com or www.fdacharlotte.com.

#### Bissell Hotels Debuts New Website

Bissell Hotels has created a new website featuring a one-stop shop for information on its hotel portfolio, including golf, spas, dining and events.

The portfolio spotlights The Ballantyne Hotel & Lodge, Aloft Charlotte Ballantyne, Courtyard by Marriott Charlotte Ballantyne and Staybridge Suites Charlotte Ballantyne. Visit the website at www.bissellhotels.com.







#### Resident Markets Medical Device

Ballantyne resident Cassmer Ward and his business partners have successfully raised over \$2 million to begin a medical device company, Clear Advantage Collar.

Based in Charlotte, the firm has introduced the Adjustable Clear Collar, which the company says is the first fully transparent, cervical immobilization extrication collar that offers medical personnel visibility of the entire neck.

The design also provides posterior and anterior openings for easy palpation and access. The company, which has been three years in the making, grew out of the partners' business-school project. Info: www.theclearcollar.com.

#### Mueller Joins Ardrey Crest

David Mueller has joined M/I Homes Charlotte as a new home consultant for the Ardrey Crest neighborhood. He will be responsible for sales and promotion of the community. Mueller has been involved in selling or helping managing the sale of \$500 million in closings

during his 20 years in the new home industry. More info: www.mihomes.com/charlotte.



Antonio Henry

## Fitness Firm Moves to Pineville

Antonio Henry, owner of Carolina Conditioning, has moved his personal training and fitness boot camp to Custom Fitness & Personal Training at 209 Main St. in Pineville.

Henry has provided one-onone personal training and group boot camps at several area fitness clubs, including Gold's Gym Charlotte, Omni Fitness of Rock Hill, Blakeney Racket & Swim Club and Anytime Fitness Ballantyne. Details: 704-280-5080, antonio@ carolinaconditioning.com or www.carolinaconditioning.com.



Stan Roach

# Rader Staffer Named Top Club Fitter

Club-fitting pioneer and leader PING has named Stan Roach at Dana Rader Golf School as 2011 PING Regional Club Fitter of the Year.

First given in 1997, the award recognizes the authorized PING fitter who has demonstrated the highest commitment to custom fitting and promotion of its benefits to golfers of all abilities. Roach also achieved this honor in 2003 and 2009. Reach him at 704-542-7635 or www.danarader.com.



#### New SPX Building Celebrated

Balfour Beatty Construction hosted a topping-out ceremony on Jan. 31 to celebrate completion of the steel framework for SPX's new headquarters, a ninestory, 241,000-square-foot office building in Ballantyne Corporate Park. The project also includes a four-story parking garage

The Class A building is being built to LEED's silver specifications for new construction. LEED sets "green" building standards.

LS3P is the architect partner on this project. Speakers at the ceremony included Bissell Companies Chairman Smoky Bissell, SPX Chairman Chris Kearney and Balfour Beatty Vice President Bob Dooley Sr.

#### Associates Join Allen Tate Co.

Allen Tate Co. announced the following associates have joined the Ballantyne office: Nalo Coban, Kimberly Johnson, Martina Linford, Beth Zukowski, Jed Verstein, Mike Eldred and Janice Zeh. You may reach them at 704-543-5806.



Nalo Coban



Mike Eldred



Kimberly Johnson



Martina Linford



Jed Verstein



Janice Zeh



Beth Zukowski







Molly Tullar

#### **U.S. Kids Golf Recognizes Local Pros**

Marc Lapointe, senior instructor and PGA Class A Professional, and Molly Tullar, staff instructor and LPGA Class A Professional, at Dana Rader Golf School have been honored for their commitment to working with junior golf.

Each was named to the U.S. Kids Golf Honorable Mention list of Top 50 Kids Teachers for 2011. Lapointe also received this designation in 2010.



Lars Wilson

#### Wilson Promoted At Bissell

Lars Wilson has been promoted to senior vice president and chief financial officer of the Bissell Companies.



#### **NOW OPEN**

#### Nino's Pizza Now In StoneCrest

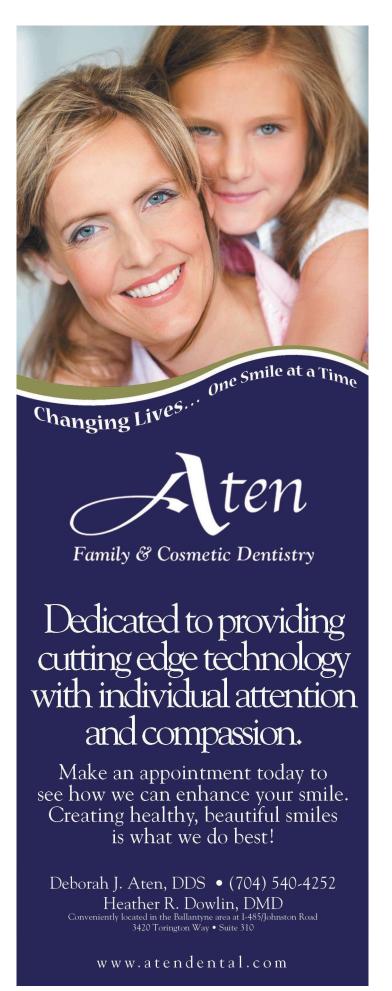
Nino's Pizza and Pasta opened recently in StoneCrest Shopping Center near Regal Cinemas. The eatery offers a wide selection of appetizers, salads, pastas and New Yorkstyle pizzas, along with subs, calzones, jumbo strombolis and such traditional Italian favorites as chicken parmigiana and lasagna.

The restaurant is known for its 24-inch pizzas, which it claims are the largest take-out pizzas in Charlotte. Nino's has Wi-Fi, free delivery seven days a week and catering. Info: 704-540-5740 or visit www.ninospizzaandpasta.com.

# Today's Outdoor Living

## **Store Expands Showroom**

Today's Outdoor Living has expanded it showroom space. The new area enables the store to showcase more product offerings, which include grills and grill accessories, fireplaces and fire pits, umbrellas, outdoor furniture and accessories, and everything related to pools. Info: 704-847-1133 or www.todaysoutdoorliving.com.



SPRING 2012 BALLANTYNE MAGAZINE 19



Warren Cooksey (from left), District 7 representative, Charlotte City Council; Ned Curran, president and CEO, the Bissell Companies.; Mike Tribble, chairman, LS3P Associates; Clifton Coble, president, Bissell Development; Margaret Gragg Bissell; Smoky Bissell, chairman, the Bissell Companies.; Pat Rodgers, president and CEO, Rodgers Builders; Ron Sherrill, CEO, SteelFab; and Dan DiMicco, chairman and CEO, Nucor Corp.

#### 'Topping Out' Held For Gragg Building

Bissell Development held a topping-out ceremony Jan. 12 to commemorate the completion of the steel framework for the Gragg Building, a 10-story, 275,000-square-foot office building in Ballantyne Corporate Park.

Named in honor of Margaret Gragg Bissell, who was instrumental in making Charlotte Country Day School one of the leading independent schools in the nation, the Class A building is being built to LEED gold specifications and is part of the largest, current speculative commercial development project in the nation.

Guest speakers included Dan DiMicco, chairman and CEO of Nucor Corp.; Ron Sherrill, CEO, SteelFab; and Henry Harkey of Harkey-Lambeth LLP.

Bissell Development is overseeing the project, working with architecture firm LS3P Associates and general contractor Rodgers Builders. The construction facilitator is Marsh Associates. The building is set for completion by the end of 2012.

#### Hallmark Store Adds Boutique

The Hallmark location at Promenade on Providence has opened Ann's Boutique. It carries stationery items, women's accessories, a full line of Vera Bradley products and John Medeiros jewelry collections. Details: 704-841-2056 or visit www.anncrithmk.com.

#### Music Academy Offers Classes for All Ages

Ballantyne Chamber Orchestra has opened Ballantyne Music Academy in Ballantyne Corners, located at North Community House Road and Ballantyne Commons Parkway.

The academy provides music instruction in strings, woodwinds and brass. In addition to individual lessons, the academy offers ensemble opportunities.

The facility is open to musicians of all ages and skill levels. Students as young as six learn in a group setting of 30-minute sessions. Adults study with professional faculty and have a chance to play in adult brass, string and woodwind ensembles. This summer, the

academy will offer week - long camps for children as well as adults, featuring guest instructors and soloists. Each camp will culminate in a public concert. Info: Music Director Jamie Hood at 704-807-1017 or jamiephood@me.com.



#### Pizza 'Mellows' The Village

Ballantyne Village is now the home of Mellow Mushroom's second Charlotte location. The restaurant's whimsical '60s décor, based on Steppenwolf's "Magic Carpet Ride," features a 16-foot-high mushroom, 20-foot-tall glass hookah tower filled with fog, colored lights and four flying carpets.

The mezzanine has interactive touch-screen computer tabletops, where guests can place orders, play games or surf the net. A 106-inch TV over the winding staircase leads to the second level.

Mellow Mushroom is known for its brick-oven pizzas made of dough infused with molasses, but also offers calzones, hoagies, salads and appetizers, including vegan and gluten-free items. A full-service bar features 48 beers on tap. The eatery has a beer club with member rewards, trivia nights and music on selected evenings. Details: 704-369-5300 or visit www.mellowmushroom. com/ballantyne.



# **Bistro Opens in Ballantyne Corners**

Blackthorne Restaurant & Bar is now open for lunch and dinner in Ballantyne Corners. Owned by brothers Tom and Jay Duffy, the upscale but casual bistro features new American fare, plus an unusual rooftop bar with table seating and bigscreen TVs.

Signature dishes are shrimp and grits, braised lamb shank, and the duck confit french dip sandwich for lunch. The restaurant offers take-out, patio seating and a private room for up to 20 that offers audio-visual connections. Info: 704-817-5554.



# **Etiquette Training Now Available**

The Ballantyne School of Etiquette recently opened. Anjali Arnold, founder and owner, received her certification from The American School of Protocol, an etiquette certification training program focused on providing personal and social skills for middle school boys and girls, as well high school students.

Classes, which last for 10 weeks, are available in two locations: Ballantyne Corporate Park or the YWCA at 3420 Park Road. Learn more: 704-807-0455 or www. theballantyneschoolofetiquette. com.

20 BALLANTYNE MAGAZINE SPRING 2012

# HUTO.8

### Clothing Exchange Now at Arboretum

Hut no. 8, a brand-name retail clothing exchange for young adults, has opened in the Arboretum next to Michaels. The store features real-time buybacks of outerwear while also offering new merchandise from well-known brands such as Buckle, Abercrombie & Fitch, Hollister, True Religions and Tillys. Details: 704-543-0410 or www.hutno8.com.



#### Salon Opens in Ballantyne Corners

Mystique Salon recently opened in Suite 300 at Ballantyne Corners, upstairs next to Blackthorne Restaurant. The salon provides hair services and specializes in permanent make-up, specialty hair extensions, custom facials, waxing procedures and Glo mineral make-up. The salon also offers mobile service for special occasions. Info: 704-733-9657, maria@ mystiquemakeover.com or www.mystiquemakeover.com.



#### Camfield Welcomes Burger Spot

Known for burgers, barbecue and ribs, Frankie Boys is now serving in Camfield Corners Shopping Center on Elm Lane.

The family-oriented, fast-casual restaurant offers homemade sauces with tomato, mustard or a vinegar base. Signature menu

# Me do things differently!

Ballantyne Wealth Management Group is a comprehensive financial planning, money management and estate-planning firm that offers a team like approach, along with independent analysis and institutional pricing.

Give us a call today to schedule your no cost, no obligation consultation with Registered Investment Advisor, Jeff Walters!





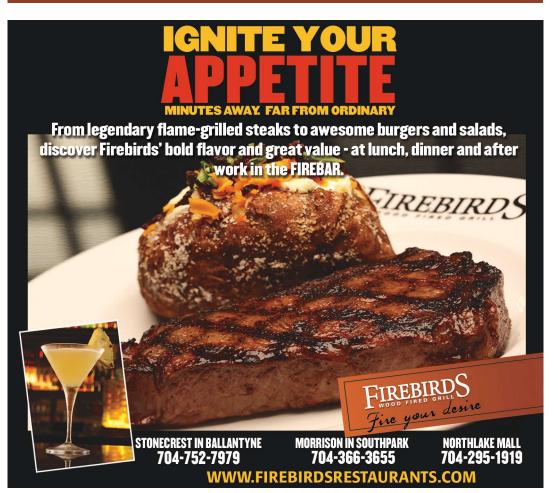
3440 Toringdon Way Ste. 208 Charlotte, NC 28277 704-927-5844 I-800-304-9370



jwalters@ballantynewealth.com www.ballantynewealth.com

www.ballantynewealth.com

INVESTMENT ADVISORY SERVICES OFFERED THROUGH BALLANTYNE WEALTH ADVISORS, LLC



selections include The Frankie Boy Sandwich of pulled pork, served with macaroni and cheese, caramelized onions and tomato red sauce on Texas toast. To-go packs are available. Info: 704-341-5757 or www.frankieboys.com. classes. A personal trainer is also available for individual sessions. Details: 704-542-0009 or www.snapfitness.com/charlotte.





## Fitness Site Reopens On Elm Lane

Snap Fitness at 11914 Elm Lane (Robinson Corners) recently held a grand reopening under new management. Open 24/7, the gym offers cardio and exercise equipment, along with a running club and circuit-training



#### Relay For Life May 25 at Y

The American Cancer Society will hold its inaugural Ballantyne Relay for Life May 25 at Morrison Family YMCA.

At Relay For Life events, individuals and teams camp out at an athletic track, park or other gathering area starting at 6 p.m.,

with the goal of keeping at least one team member on the track or pathway at all times throughout the evening.

The night is filled with ceremonies of celebration for survivors and caregivers, remembrances of those who lost their battle and a host of fun activities aimed at continuing the fight to find cures for the disease. The fundraising goal is \$50,000 to \$75,000. Learn more: www.relayforlife.org/ballantyne.

#### Park Holds Toy Drive for Tweens

Ballantyne Corporate Park held a Toys for Tweens Drive, collecting 837 toys in just two days for youth ages 10-14. The December collection also generated support from the greater Charlotte community, and Sam's Club of Pineville donated \$1,000. The toys collected benefited the Toys for Tots organization.



#### Newk's Helps Drill Well in Malawi

Karas Hospitality, owner of Newk's Express Cafés, is raising money to drill a well for the Miwa villagers in Malawi. Justin Karas, CEO of Karas Hospitality, says the village has 54 families and 154 orphans, many of whom become ill due to contaminated water.

continued on page 24



# METRO MEDICAL CAMPUS

TY-PAR REALTY, INC. is a leader in the greater Charlotte commercial real estate market since 1970. Our sales team of agents provide every level of real estate service needed, helping clients through every step of the commercial buying, leasing and selling process.

Call Christa Boggs at 704-361-3650

WWW.TYPARREALTY.COM

#### FEATURED PROPERTY

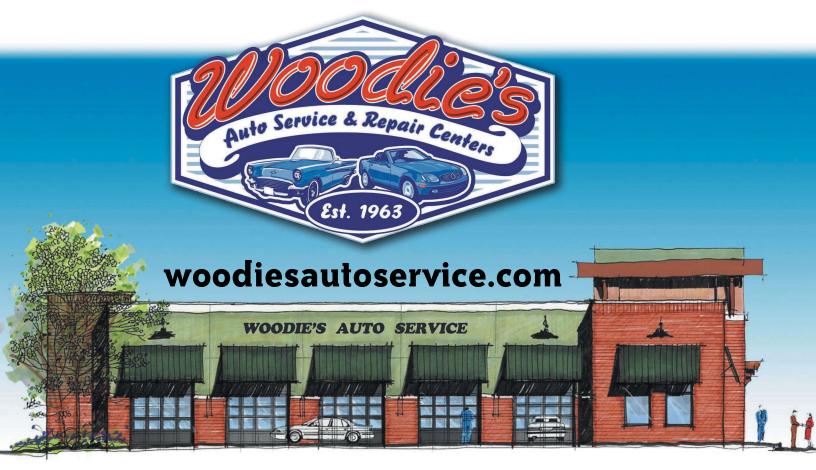
#### **METRO MEDICAL**

A 50-acre medical community being developed in Monroe, NC at the intersection of Hwys 74 & 601 South. Bringing together physicians offices, specialty clinics, other medically related facilities & non-medical offices. Close proximity to Union Regional Medical Center and convenient to serve residents of Union County and the surrounding area.

Metro Medical Campus will provide state-of-the-art facilities in a safe and comfortable environment. Additional related services being considered include a retail pharmacy, a residential retirement facility, and other short-term housing accommodations.



22 BALLANTYNE MAGAZINE SPRING 2012



# Newest Location Now Open!

- Complete Automobile Maintenance & Repair on Import & Domestic Vehicles
  - Commercial and Fleet Accounts Welcomed
    - No Hassle Shuttle Service All Day
  - Local Family Owned & Operated Serving Charlotteans for Nearly 50 Years
    - 12 month / 12,000 Mile National Warranty on all Repairs.
    - Eight Convenient Locations to Help You Maintain Your Vehicles



Woodie's Auto Service 6625 Carmel Road

704-542-3889

carmelroad@woodiesautoservice.com

■ continued from page 22

Customers of Newk's can donate at locations in Blakeney Crossing, SouthPark or uptown. Info: www.karashospitality.com or www.cleanwaterformalawi.org.



#### Volleyball Event Supports Schools

The Ballantyne Rotary Club held its second annual Teacher's Cup Volleyball Game at Ardrey Kell High March 2. The popular charitable event featured teachers from area schools: Community House, Ardrey Kell, Ballantyne, Endhaven, Hawkridge and Polo Ridge.

Proceeds from sponsorships will match a \$4,000 grant the club received from Rotary District 7680. The combined funds of \$8,000 will purchase LCD projectors, Smart Boards and supplies to benefit local schools. Learn more: email tdargusch@gmail.com or visit www.ballantynerotaryclub.org.



### Link Your VIC Card to a School

Since 1998, Harris Teeter has shown its financial commitment to area schools through the Together in Education program. Supporting education dates to company co-founder W.T. Harris, a Charlottean who supported academic initiatives in the Queen City and beyond.

Through this program, shoppers link their Very Important Customer card to a Together in Education school. Whenever they purchase Harris Teeter brands or fill prescriptions in a Harris Teeter pharmacy, the grocer donates a percentage of the price of each item back to the school to which the VIC card is linked.

To date, the company has donated over \$16.1 million to participating organizations through the program — which runs each year from August through May. To learn how much Ballantyne schools have earned during the 2011-12 school year, or to link your VIC card, visit www.harristeeter.com.



RPO Inc. President Laura Johnson (left) and Mary Keefe, the Pink and Teal Champion's Award recipient.

#### Pink & Teal Brunch At Hotel & Lodge

RPO Inc., a nonprofit organization associated with the Rho Psi Omega chapter of Alpha Kappa Alpha sorority, held its first Pink & Teal Brunch last November at The Ballantyne Hotel & Lodge. The goal was to raise awareness and help find a cure for breast and gynecologic cancers.

RPO Vice President Kelley Eaves introduced Karla Robinson, a

continued on page 26







404 Eagle Bend Dr. \$1,899,000



15624 McCullers Ct. \$1,650,000



12110 James Jack Ln. \$1,299,000



2317 Sharon Ln. \$1,100,000



10916 Ballantyne Crossing Ave. \$1,097,000



10739 Alexander Mill Dr. **\$699,900** 



914 Olive Mill Ln. \$**459,900** 



17114 Sulky Plough Rd. \$409,900



13816 Daltrey Ln. **\$310,000** 

### YOUR REAL ESTATE SPECIALIST

in Ballantyne and South Charlotte

Work Here.
Live Here.
Play Here.

#### DAVID HUSS

704-543-5892 Office 704-634-9682 Cell david.huss@allentate.com



BALLANTYNE OFFICE
13526 Johnston Road, Charlotte, NC 28277



"Some people say that parents of children with behavioral and learning disorders can only expect so much from their child."

We disagree!

Brain Balance is a learning center for children struggling with

AD/HD, Autism/Asperger's, Learning Disabilities, Dyslexia and Sensory Issues.

The Brain Balance™ Program utilizes sensory, motor and academic activities based on each child's individual deficits helping to develop skills that should come naturally.

No drugs, no cookie cutter approach, just comprehensive answers for complex issues.

#### Call us to attend a FREE Parent Talk or a tour of the center!



medical writer for Urban Housecall Magazine, who explained her commitment to helping medically underserved citizens in the African-American community.

Four awards were also presented: the Humanitarian Award for Gynecologic Cancer to Carin Ross-Johnson, founder of Lydia's Legacy of Charlotte; the Humanitarian Award for Breast Cancer to Penny Lauricella from the Pretty in Pink Foundation of Raleigh; the Champion's Award to Mary Keefe, a breast cancer nurse navigator from Presbyterian Hospital Cancer Center; and to Dr. Cynthia Reynolds-Jamison of New Day Family Practice in Lancaster. Learn more: 704-975-6121 or www.rpoinc.org.



#### YMCA Hosts Survival Race

The YMCA of Greater Charlotte will host the C2 Survival Race on Saturday, June 2 at Cane Creek Park in Waxhaw.

Large and small companies, churches and schools are welcome to participate. Obstacles on the three-plus-mile extreme terrain trail run will include incline walls, sawhorse hurdles, hay bale jumps, agility tire drills, duck walks, lunges, army crawls and push-ups. Teams will consist of four people, and can be co-ed. The event begins at 8 a.m.

Proceeds go to the YMCA annual campaign to support youth development programs in under-resourced communities around Steele Creek. Details: Email ymcac2challenge@ymcacharlotte.org, or visit www.ymcacharlotte.org/branches/steelecreek.sc.aspx.

# UP CLOSE & PERSONAL

Meet your Neighbors

**Photos by Ray Sepesy** 

WHO WAS A GREASE MONKEY GROWING UP? Whose next outdoor adventure is snowboarding? Who caught an 18inch bass in a nearby county park?

Find out in this edition of Faces when you meet Scott Wickersham, Rena Livengood and Jordan Stelmach.

They all live in or near Ballantyne, but began their lives far away. Rena and Jordan hail from Germany and England, respectively, while Scott is a native of Ann Arbor, Mich. All three hold professional jobs, while Scott is the only one you might recognize from TV.

Another thing they have in common is a love of the outdoors. Two like to camp, while the other is likely to be hitting a golf ball.

Find out who's who in this quarter's Faces. The Q&A format provides a quick look at interesting people in the Ballantyne area.

We invite you to turn the page and meet Scott, Rena and Jordan.



#### **SCOTT WICKERSHAM**

*Birthplace:* Ann Arbor, Mich. *Job:* Anchor/reporter, WSOC-TV.

What do you like most about your job? Anchoring a newscast is like telling a friend a story. So basically I get to spend each day with friends talking about what happened that day, and what's happening right now.

What's your guilty pleasure? PlayStation 3.

Do you live in Ballantyne? Yes.

What is your favorite Ballantyne-area restaurant? Villa Antonio.

What is your favorite outdoor activity? Running, or strolling with the kids.

**Describe your dream vacation.** A small tropical island with access to a private beach and boat. And a babysitter to entertain the kids while mom and dad relax!

What is your favorite news source? WSOC-TV, WAXN-TV 64 or www.wsoctv.com.

What charitable organizations are you involved with? I've been active with the Hopebuilders 5K, which raises money for Levine Children's Hospital. I also raise money for the Make-a-Wish Foundation through the Queen's Cup Steeplechase. Since I became a father, I felt the need to help children in pain or suffering. I can't imagine what their parents must be going through, the helpless feeling of having a sick child. Any help to ease their burden can be a blessing.

What is your biggest pet peeve? Clutter.

What is a hidden gem in Ballantyne? The 521 District Park Recreation Center. It's right behind Elon Park Elementary. This county park is great! In addition to a gym and activity center, there are 36 holes of disc golf, which I love to play. It has a nice pond with fish. I know because I caught an 18-inch bass there a few years back. Watch out for the snapping turtles, though.

What would people never guess about you? I love to fish and camp. I don't get out as much as I used to. Still, each year I take a few days to go on a fishing trip with my buddies back in Michigan. I've won the trophy for largest bass two years running! There is nothing like a campfire and the stars at night.





#### **RENA LIVENGOOD**

**Birthplace:** Koblenz, Germany. Grew up in Lancaster. **Job:** Senior executive assistant to the CEO of Polypore International Inc., also corporate office manager.

What do you like most about your job? I am a people person, and my job allows me to work with a variety of great folks every day. I also love the diversity of my role because in the 29 years with the company no two days are alike.

What's your guilty pleasure? German riesling.

**Do you live in Ballantyne?** Just a few miles south. I love this area; everything is so convenient.

What is your favorite Ballantyne-area restaurant? I have too many favorites to list them all, but Genghis Grill, Pei Wei and Firebirds are always great. If you want great soup, go to Gallery Restaurant.

What is your favorite outdoor activity? Camping and hiking with my family. Especially enjoying my guilty pleasure by the fire pit.

**Describe your dream vacation?** Taking three to four weeks to travel all over the U.S. in a luxury motor home with my family, visiting all the national parks and stopping wherever we want.

What would your theme song be for walking into a room? If you know me very well, you'd probably say Margaritaville. On a warm day there's nothing better than margaritas on the patio while listening to Jimmy Buffett.

**I would be rather caught dead than wear \_\_\_\_.**No makeup.

What charitable organizations are you involved with? Our company has been involved with United Way for many years. I serve as the key liaison between Polypore's campaign committee and the United Way staff. Another organization I have been involved with is Stop Hunger Now.

What is your biggest pet peeve? People who want everything but are not willing to work for it.

What is a hidden gem in Ballantyne? The walking trails.

What would people never guess about you? As a kid I was a grease monkey. I helped my dad rebuild Volkswagens.

#### JORDAN STELMACH

Birthplace: Leeds, England.

Job: Assistant golf teaching professional,

Ballantyne Country Club.

What do you like most about your job? I am lucky to work in an industry and sport I am passionate about. It is satisfying to help golfers of all ages improve their game. Junior golf is becoming a large program for us at the club, and it's a lot of fun to be involved with.

Do you live in Ballantyne? Yes. I live in Ballantyne Meadows, right off Ballantyne Commons Parkway.

What is your favorite Ballantyne-area restaurant?

The Blue Taj in Ballantyne Village. Indian cuisine is one of my favorite foods, and popular in England. This place is among the best Indian restaurants I have ever eaten, and the service is fantastic.

What is your favorite outdoor activity? I play a lot of golf and soccer, but I am always open to try new sports and activities. I recently tried my hand at paintball, which I have to say was addictive. Next on the agenda is snowboarding.

Describe your dream vacation. Las Vegas! And Feb. 4, that dream vacation came true!

What would your theme song be for walking into a room? "Eye of the Tiger."

I would be rather caught dead than wear \_

Our boss makes us dress up in some kind of theme for a charity event at the country club each year. Last year I was a monkey. I am not looking forward to this year.

What is your biggest pet peeve? People that use twoway radio cell phones. I really don't need to hear your whole conversation, do I?

What is a hidden gem in Ballantyne? WXYZ Lounge at the Aloft hotel. The bar is modern and has a great feel to it. It's a great place to relax and hang out, shoot pool, listen to live music and enjoy a different night scene.

What would people never guess about you? My nickname in college was "Flash" (It's not what you think).





# IT'S A NEW STAY.®

Courtyard by Marriott Charlotte Ballantyne invites you to experience its recently redesigned space.

#### New features provide a refreshing value:

- The Bistro offers breakfast, dinner & evening bar
- Warm & modern lobby space is ideal for small meetings
- Exclusive GoBoard® interactive touch-screen is packed with local information











# embracino

interior décor trends mirror green movement

By Nan Bauroth Photos by Jessica Milligan

NATURAL, LIVABLE, LASTING. These watchwords embody interior design trends that local experts are projecting this year. "The whole green craze is coming to interior design in fabrics and other elements," says Beth Taflinger, owner of Casual Elegance, a home décor and gift shop in Blakeney. "We're seeing natural fabrics such as linen and jute." Lamps with shades fashioned of burlap, along with moss-covered objects, are also selling well.

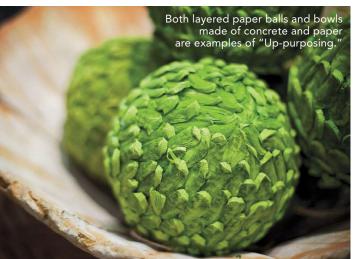
Paula Tompkins, owner/ designer of Creative by Nature HOME in Blakeney, whose store is premised on interior décor rooted in natural elements, agrees that the movement away from synthetic materials has gained momentum.

"Customers like natural fabrics because they feel real and are comfortable," Tompkins says. "People connect to these more than something artificial." The pillows and tabletop linens she's carrying are covered in natural textiles. "Burlap is popular, and felted wool is going to be big, as are linen and cotton."

Environmental awareness has spawned another trend Tompkins recently saw in Paris. "It's called 'Up-purposing.' They take a basic material and elevate it into a decorative object," she says. Two examples she sells are lightweight bowls made from concrete







and paper and decorative balls covered in layered paper.

A related trend Tompkins says is just beginning to hit Charlotte is the industrial look. "You'll see it in small sculptured items such as wheels and gears, and replicas of manufacturing tools." She cites industrial-looking shelves on wheels, which are attracting customers.

#### Variety of Textures

Mixing textures in room décor to impart a more natural impression is also in vogue. "We're seeing many fabrics introduced with subtle textures," says Brock McLendon, president of Brock Moran Home in Ballantyne Village, whose lifestyle store is noted for its custom interior design services.

McLendon, who features a fresh, clean look in his furniture lines and interior décor, says



that although his style leans toward neutrals overall, he insists on appropriate use of contrasting textures. Wall coverings are an example of this new direction. "Heavily textured solid wall coverings are something everyone wants to use," he says. "Grass cloth is one key area for us right now."

The desire for a variety of textures extends to the bedroom and bath. "Mixing textures is important for the look and feel of a bed," says Sally Southern, manager of DeWoolfson Linens in StoneCrest, a shop specializing in locally manufactured goosedown comforters, pillows and featherbeds, as well as fine European linens for bedroom and bath. "Some people are very tactile — texture is a sense we all have," Southern says. "You want to love the feel of the fabrics on your bed."

To achieve a natural feel where they sleep, people are getting less fussy about their beds. "They want fewer pillows, and although there is still a place for the gathered bed skirt, the trend is to take bed skirts off," Southern reports. Instead, customers choose fabric headboards, as well as wraparound bed frames with sideboards and footboard, which create a cleaner look. "Manufacturers today are very aware of the American market's taste, creating more iron and wooden bed frames that are transitional and modern in appearance," she says.

#### Livability

Livability is the second force driving interior décor. "People are designing their home more for lifestyle living than just to have it decorated," asserts Carolyn Galloway, current president of the

continued on page 37



"Some people are very tactile texture is a sense we all have."

— Sally Southern

















#### SMARTER, SIMPLER SOLUTIONS

Access Big Company Resources without the Expense!

**Ballantyne Business Center's Services Include:** 

- Furnished Offices, Ready to Use with Flexible Lease Terms
- Versatile Meeting Space & Conference Center
- Affordable Virtual Office Programs
- Extensive Business Services & Administrative Support
- Leading Edge Technology

Visit our newly enhanced website at www.ballantynebusinesscenter.com!









# WEEK OF PACK SESSIONS EW CLIENTS ONLY • OTHER TERMS APPLY • EXPIRES 04/30/2012







CALL 704.341.8802

GET FIT. TOGETHER:

FITNESS TOGETHER IN BALLANTYNE - 16151 LANCASTER HWY CHARLOTTE, NC 28277

www.FITNESSTOGETHERCHARLOTTE.com



Interior Design Society and owner of Decorating Den in Mint Hill. "People don't have rooms they don't use, such as a formal dining room. They use space wisely and make it all very comfortable."

As one example, her clients are opting for lighter furniture. "We



have highly mobile communities and lighter weight pieces are easier to move," Galloway explains. "Homeowners are also choosing lighter weight fabrics, with a preference for slipcovers, which are easy to clean. With so many homeowners having children and pets, people are conscious of everything in their home being highly livable."

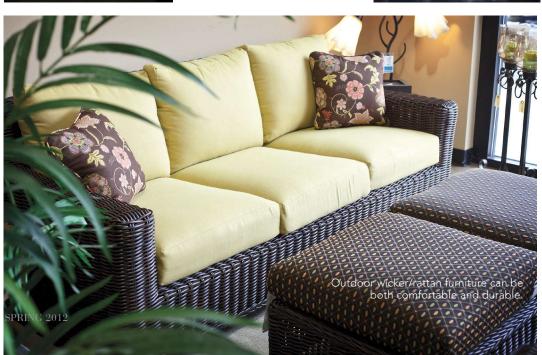
Another decorating concept among her younger clients is leveraging room space through off-the-floor servers, which stand on legs, or floating shelves to showcase porcelain and bric-a-brac instead of immense china cabinets.





"The indoor-space look is moving outside."

— Carole Sackowitz



Flooring is also feeling the impact of the livability factor. "Hardwood is so in, even in master bedrooms," says Margi Kyle, past national chairman of the Interior Design Society and owner of The Designing Doctor, a Cornelius interior design firm. Instead of laminates, however, the trend is a return to natural hardwoods. "Before, people were afraid they would dent and mark," she notes. "But now they realize there is a charm to real wood. It feels solid."

Making a home livable includes the outdoor space as well. "The indoor-space look is moving outside," says Carole Sackowitz, co-owner of Today's Outdoor Living in Blakeney Crossing, which carries patio furniture, grills and pool accessories.

In particular, people are ditching old-line patio seating. "We've gone from plain metal chairs to sofas with cushions," she says, adding that customers want outdoor furniture to be as comfortable as that indoors. "Technology is also making outdoor furniture that lasts longer, and requires much less maintenance."

Homeowners want their outdoor space to have the same detailed look as that of their indoor décor, which means quality components. To meet this need, Sackowitz offers natural stone tabletops, polished granite benches and functional decorative accessories such as lanterns and plant stands. "Customers like to have the whole thing color coordinated to give it that finished look," she says.

#### Good for a Lifetime

The desire for things that last is a third trend in home décor influenced by the environment and economy. "Consumers are loosening up their purse strings, but they are still cautious, so they

#### BALLANTYNE | feature

are looking for things they will like for a long time and have lasting value," says Tompkins.

That includes furniture that can have a dual purpose. Tompkins points to a cabinet with louvered doors that could be placed in a bedroom, beach house, great room or porch. The ability to customize furniture is also in demand, so she offers 60 different finishes for a variety of cabinets, hutches, tables and other pieces. Each can be individually tailored, such as a sideboard with white distressed legs and driftwood top.

The desire for individuality is being reflected even in table settings. The wedding and gift registry at Brock Moran Home has seen a boom in brides and grooms choosing monogrammed fine china from Pickard's Signature line. "Monogramming is a big trend that will continue for some time," McLendon observes.

#### **Color Pop**

The "it" fashion color for 2012 is Tangerine Tango, a saucy, bright red-orange that experts say can be introduced into rooms featuring a neutral palette through a small accent piece, such as a vase, pillow, throw, table linens or chair seat cover.

At the same time, a desire for blues and grays is emerging. "The gray blues are coming in, as is the purple family, including aubergine (dark purple)," says Southern, who is featuring a transitional gray-blue iron bed with headboard upholstered in textured slate gray leather, outfitted in sheets dappled like a modernist painting in subtle tones of blue and sterling. "I'm selling six different shades of gray in bedding this spring, including platinum and silver," she notes.

# The "it" fashion color for 2012 is Tangerine Tango.







tones with splashes of tangerine:



#### **RUN YOUR HOME VIA IPAD APP**

Home electronics used to mean big-screen TVs and audio systems. Today, it also means total control of your home via an iPad or other device.

Ron Jones, president of Infinite Audio and Theater in Rea Village, says the hottest trend in his business is the amazing home automation app created by Savant Systems.

The app transforms an Apple

iPad, iPhone, iPod Touch or HDTV into a personalized control portal — becoming your virtual light switch, thermostat, personal media player, security camera, as well as your on/off, open/close, up/down button from just about anywhere in the world.

Jones says one of his customers was concerned his son wasn't turning off the TV at



Savant's home-automation app will run on a variety of devices.

9 p.m. Now, with one touch from afar, he can flick the set off. So much for being home alone.

McLendon echoes her sentiment. A steel-blue colored sofa in his showroom at Brock Moran Home is drawing raves, as are two upholstered beds paired with linens in steel-blue and pewter tones. The cool color trend in his shop extends to tabletop settings, with finer collections, such as those by Bernardaud, introducing platinum, gray and silver into their designs.

Ultimately, however, homeowners should go for whatever colors make them happy. "How you feel in your home is how you feel in the outside world," says Kyle, who specializes in décor color. "I would rather see owners do what makes them feel good in their house. If in 10 years they decide to move, they will have to make changes anyway."



She suggests homeowners fearful of adding color dip their toes in by painting their smallest space, like a powder room. Another trick: "Your ceiling is a fifth wall. If you want to paint just one wall, then paint the ceiling," Kyle says.

In the end, a home should be livable, comfortable and a place people want to nest. As Kyle sums it up, "Ten years ago it was 'Home, Sweet Home.' Then after 9/11 it was 'Home, Safe Home.' Today in this economy, it's 'Home, Cherished Home.' We want to appreciate what we have."

# Elaine Eschert Broker/Owner REALTOR®, ABR, CSP

Broker/Owner





- · Works with buyers, sellers and relocations
- Dedicated to treating clients as she would expect to be treated
- · 33 year resident of South Charlotte
- "You were our house angel"
- quote from one of Elaine's clients
- Call Today...You won't be disappointed!

15 years with RE/MAX and a member of their "Hall of Fame" before establishing her own firm.

#### "5-Star Best In Client Satisfaction Award"

13850 Ballantyne Corporate Place • Suite 500 • Charlotte, NC 28277 Mobile: 704.651.9946 • Office: 704.887.5220 • elaine@goldenproperties.com

www.goldenproperties.com



### Sweeten Your Next Event

- Craft made for any occasion
- Artisan chocolates and soft sea salted caramels
- Cake bites and cookies made daily
- Hot chocolate with homemade marshmallows
- Serving Trifecta® perfectly brewed single coffees

THINK O

704-542-1114 www.thinkchocolate.net

SPRING 2012 BALLANTYNE MAGAZINE



ON A DAMP WEDNESDAY NIGHT IN JANUARY, a south Charlotte shopping center is nearly dark. But there's one spot tucked in the corner where the lights are on and there's clearly something to see inside.

Michael Jackson's "Don't Stop 'Til You Get Enough" is playing in the background, just loud enough so that you can still hear it over the chatter in the room. The chatter is constant, punctuated by steady bursts of laughter. And there are bottles of wine. Lots of them. This is girls' night out, after all!

Cyndi James, a florist in

Ballantyne, left her three kids at home with her husband for the night.

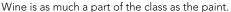
"You can't put it into words; I don't get out very often so I jumped at the opportunity!" she says. James has come with a girlfriend from the neighborhood to Painting With a Twist, an art studio where instructors lead attendees step by step through the process of creating a painting. The "twist" refers to the twist of the cork, because wine is just as much a part of this class as the paint.

"It just makes it fun for people," says artist Jennifer



# PAINTING BY THE SILL GIRLS' NIGHT OUT IS PICTURE OF FUN BY MICHELLE BOUDIN







PHOTOS BY JESSICA MILLIGAN

Christin Douglas shows her finished piece.

Mirc. "If you're a left-brain person and you're afraid to paint, it makes it easier."

Mirc is tonight's instructor and it's clear, she's a fan of the "mommy juice." "The wine makes it like a party with these girls. We make sure we hit the hard part in the beginning so if they've had too much in the end ... it's okay!"

Aimee Dodson is back for the fourth time. This time she has brought her mother, her sister and a handful of co-workers. They work for a mortgage company based in Ballantyne and often get together for a

girls' night out. They have all come to relax and unwind.

"I think that the ability to have a creative outlet with a group of friends, well, there's just no other space in our worlds where you can express your creativity with your friends," Dodson says. "There are people here that are creative by nature, and there are people here that are good with numbers by nature. This is a place where we can all come together and express creativity without any judgment. And we get to drink a little wine!"

The rules of the class are

SPRING 2012 BALLANTYNE MAGAZINE 41



Participants contemplate how they'll construct their painting.

simple. They are actually painted on the wall, and read aloud at the beginning of the night.

# ■ RULE NUMBER ONE Don't have an art attack!

"People say it all the time when they first come in the door. I can't draw a straight line. I can barely draw a stick figure, and I always say, you know what, I can't either! We don't do straight lines and we never use stick figures!" Mirc says.

Instead, she tells people, "We do this process, it's like you deconstruct the painting, so you can copy it. That's how I teach you.

"First I'm going to teach you how to do the background, then the main part, and the highlights, and all the tricks that I know,"

**Above:** The first step of painting is the background. **Right:** Late in the process, the class adds details to their art.

she explains. "I'm going to do all of that in two hours and we will paint the painting together as a class. All 15 of us will be painting the same thing, but all 15 will be different."

There are 1,200 different paintings. and a calendar on the shop's website shows which work of art will be featured on any given night. Parties of 10 or more can choose what they want to paint.

"This is a place where we can all come together and express creativity without any judgment. And we get to drink a little wine!"

— Aimee Dodson

You can't help but wonder if at any minute artist
Jennifer Mirc is going to launch into a stand-up comedy routine.



Laura Dickerman puts finishing touches on her painting.

#### **■ RULE NUMBER TWO**

# Don't put your paintbrushes in your wine!

Sounds easy enough. Except it actually happens. (This writer knows from experience.) See below for why it's an easy mistake.

# ■ RULE NUMBER THREE Don't drink your paint water!

Mirc describes this as "the most important rule we have." It's part of her shtick.

She goes over the rules with a smile in her eyes and a hand on her hip. A vivacious

A moment to remember...

MAKE IT UNFORGETTABLE.





# PANDÖRA® UNFORGETTABLE MOMENTS

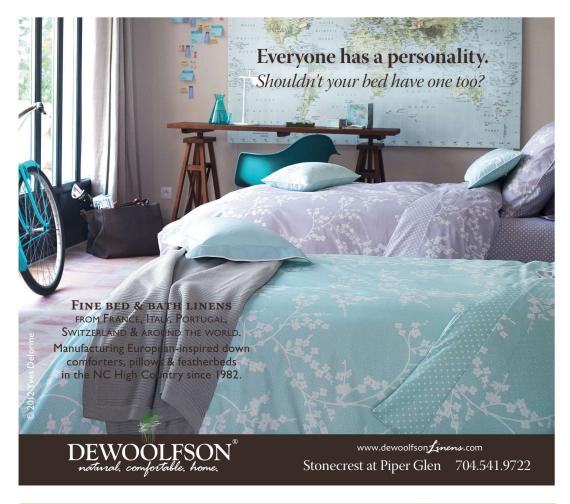
## PANDÖRA<sup>™</sup> store

#### BLAKENEY

9830 Rea Road • 704.541.0030 Mon–Sat 10am–7pm • Sun 12:30pm–5pm

Patent Pending ullet © 2011 Pandora Jewelry, LLC ullet All rights reserved ullet PANDORA.NET

SPRING 2012 BALLANTYNE MAGAZINE 4



2 F D

Sheila Gordon-Holt, DDS

ommitted to making an impact in our patients dental health, Holt Family Dentistry delivers exceptional high-tech dentistry in a relaxed, family-friendly atmosphere. Our diverse and dedicated staff collaborates as a team to surpass expectations, putting patients

We look forward to having you become a part of our dental family.

at ease and earning their trust.



12105 Copper Way Suite 200 • Charlotte, NC 28277 **704.542.2325** I www.holtfamilydentistry.com

brunette who enjoys attending Barbie Doll conventions, Mirc talks to the group while standing on a small stage.

You can't help but wonder if at any minute she's going to launch into a stand-up comedy routine. Her words are laced with humor and sprinkled with dirty jokes. She teaches as if she's performing. It's enough to make you forget that you're painting in the process.

Paintbrushes
in hand,
shoulders
swaying, hips
shaking, the
participants
almost shout,
"Tainted Love!
Ohhh,
Tainted Love!"

But this rule is actually a pretty relevant one. Attendees sit with a white canvas in front of them. There is a cup on either side. The cup on the left is filled with water and paint brushes. The cup to the right of the easel is filled with wine. You can see how mixing them up could be an issue.

## **RULE NUMBER FOUR** Breathe often.

Mom-of-three James says,
"When you come in here, you get
to just let loose and be creative."
Mirc agrees, noting that most

Mirc agrees, noting that most people can't help but relax



On display at Painting With a Twist are paintings from other parties.

because their mind is, well, occupied.

"It is so fascinating, you can do scrapbooking ... you can do all kinds of things, but when you paint, you have to use your left brain and your right brain so you don't think about anything else," she explains. "You can just relax and breathe. Here, you drop everything and you actually come out with something that you go, look what I did!"

#### **■ RULE NUMBER FIVE**

# Take a break; your painting will thank you for it.

Mirc says she is often reminding people that they have come to class for fun. They need to give themselves a break and enjoy a chance to unwind with their friends. The focus may be the painting, but the fun is the entire experience. Taking a break lets you loosen up, and when you return to the canvas, you just might be a little less intimidated.

## ■ RULE NUMBER SIX Step back for a

## Step back for a little perspective.

"It's really less about the painting and more about the people. It's very much like a book club because in book clubs, half the time you haven't read the book, and in this, the paint becomes secondary," Dodson says.

Which brings us to the final rule on the wall.

#### ■ RULE NUMBER SEVEN

# Have fun, it's a party!

With Soft Cell's "Tainted Love" filling the room, it's about two hours and three cups of wine in for most of the women — and they are painting to the beat. Some have donned hot pink feather boas. A few are wearing princess crowns they grabbed off the back costume wall. All are singing the chorus of the '80s anthem, "Once I ran to you, I ran. Now, I run from you..."

Paintbrushes in hand, shoulders swaying, hips shaking, they almost shout, "Tainted Love! Ohhh, Tainted Love!"

It is a painting party.

Mirc is practically dancing around the room, surveying the work of her newly trained students. Each canvas looks like a slightly different take on the painting she used as an example. Experience tells her most of these women will be back to paint again in the next few months.

"I think it is kind of a trend," she says. "I think everyone is always looking for something different. There's the bowling alley, the movies. But this is a different kind of night out on the town.

"I really think this is also a big self-confidence booster," she continues. "Most people come in and they don't think they can do anything. They sit down, the music is on and somewhere in the process they really wow themselves. I think it's a big self-esteem booster when people can go 'Wow, I made this!"

At least three paint studios of this type have opened in Charlotte in the last year. All are popular, and it's easy to see why. You can see it on the women's faces. You can see it in their paintings. And you can see it scrawled on the shop's wall. Just to the right of "the rules," painted in the same italics, is the shop's motto: "A little bit of paint, a little bit of wine, and a lot of fun!"

SPRING 2012 BALLANTYNE MAGAZINE 45



#### Located at the corner of Ballantyne Commons Parkway and Johnston Road across from the Ballantyne Hotel and Ballantyne Village

• 14015 - 14027 Conlan Circle, Charlotte, NC 28277 • www.ballantynequad.com •

AAA Cleaner and Tailor
Akropolis Kafe

Duckworth's

Five Guys Burgers & Fries

Hello Beautiful

Jordanos

On The Roxx

Palm Beach Tan

Posh Nails and Spa

Roosters Men's Grooming

Star Deli

Tony's Pizza

What's Your Beef







#### DRY CLEANING SERVICE

- Wedding Dresses Cleaned & Boxed
- Leather and Suede Cleaning
- Large Items and Comforters
- Wet Cleaning

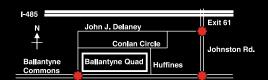
#### ALTERATION SERVICE

- Custom Cushions and Drapery
- Men's and Women's Clothes
- Leather
   Wedding Gowns

704-752-3885

14021 CONLAN CIRCLE • SUITE B-2

WWW.AAADRYCLEANERS.NET







# Tordanos

Apparel • Shoes • Accessories • Gifts



Monday-Saturday 10am-9pm Sunday 12pm-6pm 704.543.8800

14021 Conlan Circle | Charlotte, NC 28277 www.shopjordanos.com

stay connected











- \* Precision Hair Cuts
- \* Smooth Head Shaves
- \* Hot Facial Shaves
- Camo Hair Color
- \* Hand Detailing
- Foot Detailing
- \* Hair Waxing





A classic American barber shop, reconfigured and updated for 21st Century MEN and their sons. The experience brings em back!

M-F 10a-7p Sat 8a-4p

14021 Conlan Circle Ballantyne Quad 704-542-0098 www.roosterscharlotte.com



## Some things are worth waking up for.

With our amazing breakfast menu, waking up is now exciting. Dishes like Red Velvet Waffles, fresh Berry Splits and Biscuits & Gravy have made us the AM choice for those heading to work or to play. And earned us "Best Breakfast Place" awards in magazines and online. So start your day early at Terrace Café. We're right here in Ballantyne Village (and in Piedmont Town Center). Bon appétit.



Ballantyne Village, Charlotte 704.369.5190 www.terracecafecharlotte.com

# Cleaning 2.0

#### Take a Modern Approach To the Spring Ritual

By Andrea Gill

GENERATIONS AGO, spring cleaning was an annual home ritual. Rugs were removed and beaten. Floors were scrubbed. Walls were wiped down. Bedding was aired. Winter clothes were cleaned and carefully packed away for the next year.

Fast forward to 2012.

The prospect of removing clothing, furniture, rugs and bedding is overwhelming. The size of our modern homes and the sheer quantity of our possessions make an old-fashioned spring cleaning virtually inconceivable. But rather than give up completely, professional organizers offer a modern approach to spring cleaning. Here are my tips:



#### Consider using things you already own before re-stocking.

Look critically at pantry items, cosmetics, stockpiled gifts and wrapping supplies. Could you put your family on a spending diet (for even one day) to stop the tide of more things coming into your overloaded home?

Create a temporary moratorium on new projects and obligations so you can focus on what's already in the hopper.

When you're trying to de-clutter and make a clean sweep of your house is not the time to start a photo album or scrapbook.



#### Discard or donate your clutter.

Clutter is anything unused, unloved or unable to be accommodated in your space. The less there is to clean, polish and dust, the easier the job is. Many of the things you no longer need or want can be used and loved by someone else. See a list of places you can donate that accompanies this article.



#### Tackle spring cleaning in small bits.

A few minutes can make a big difference. Get your family involved. Imagine the progress if everyone spent 15 minutes a day filling a trash or donation bag.



# Employ a few practical how-to tips on cleaning and organizing:

**Closets:** Remove empty hangers and plastic dry-cleaning bags. Your closet will instantly look better and be less



crowded. Donate items not worn that season. Consider using uniform hangers.



Pantry: Toss stale and expired items. Use clear containers without lids to corral similar products, and label the bin. Shelf expanders and over-the-door racks make great use of a small space. Set up a kids' snack basket with parentapproved choices that are easily accessible.



Toringdon Circle - 12105 Copper Way - Suite 204 - Charlotte, NC 28277

www.NewDayWell.com



Playroom: Children will be happier and more creative with fewer toys; plus, the playroom will be easier to keep tidy. Discard broken toys and donate what your kids have outgrown. Consider a toy rotation where only half of the toys are available at one time. Swap them out every few months. Incorporate cleanup by the kids as part of your daily routine.

Garage: Toss or donate sports equipment and toys your children no longer are interested in. Group holiday items and store on shelving.

#### expert direct BALLANTYNE

To add vertical storage for tools, extension cords and frequently used items, line a wall with a track system or a Pegboard and hooks.



If you are stuck or overwhelmed, consider seeking professional assistance. Specialists in organizing would be happy to help you jump-start your project or see it through to completion. 🗓



Andrea Gill

Ballantyne-area resident Andrea Gill works for Simplicity, a Charlottebased certified professional organizing company. Simplicity is a member of the National Association of Professional Organizers.

### **PLACES** DONATE



- Beds for Kids: www.bedsforkids.org The organization accepts beds, mattresses and furniture, and will pick up for a small fee.
- Trips for Kids Charlotte: www.tripsforkidscharlotte.org Donate "dusty not rusty" bicycles to benefit youth from fragile neighborhoods.
- Charlotte Rescue Mission: www.charlotterescuemission.org Needs men's clothing and toiletries.
- Dress for Success: www.dressforsuccess.org Seeks interview-appropriate clothing and accessories for
- Baby Bundles: www.babybundlesnc.org Accepts new and gently used clothing for sizes 0 to 6 months.

You can find a comprehensive list of resources for donating, consigning and recycling under the "Resources" tab at www.simplicity-organizers.com.

## TWO GREAT HOTELS BALLANTYNE AREA



All Suites

Complimentary Hot Breakfast

Indoor Pool

Full-Service Bar

Meeting Space for up to 200 People

Convenient to Shopping and Dining All Suites

Fully Equipped Kitchens

Complimentary Hot Breakfast and Evening Manager Reception

Outdoor Pool

Convenient to Shopping and Dining



704.817.1500 www.marriott.com/CLTBT



704.319.3900 www.marriott.com/CLTPG

Both hotels brought to you by SREE Hotels, one of the most trusted names in hospitality.

Based in the Ballantyne area and a contributor to our community.

\* Discounts based on availability, can not be combined with other offers or packages

# Garolinas Medical Center

Pineville

STAND CLEAR
AUTOMATIC SLIDING DOOR

Back in the late '80s, when big south Charlotte housing developments were springing up, the hospital at Park Road and N.C. 51 was a much different place.

For starters, it had fewer neighbors — really only a few medical offices and the Wendy's across the street. It was delivering just 15 babies a month, not the 200-plus like today. Oh, and one other thing: snakes used to slither up to the hospital's front door.

The snakes at Mercy Hospital South — now known as Carolinas Medical Center-Pineville — underscore its status 25 years ago as a community hospital in a largely undeveloped part of Charlotte. It was a small outpost of the larger established hospitals near uptown.

Since then, the hospital has grown along with the region it serves. Just as people who live in Ballantyne and other south Charlotte communities can increasingly stay close to home for work, dining and nightlife, they no longer have to go uptown for most medical procedures, even serious ones.

After a relentless building spree, CMC-Pineville in the next few months will finish construction on its latest expansion — a \$300 million project that has been going on for five years.

When the dust settles, the hospital will be dramatically bigger and more advanced. The number of critical care beds for the sickest patients will increase six-fold, to 30. It will nearly triple in size, to 515,000 square feet. The number of workers will have doubled, to about 1,200. And it will offer services previously available only near uptown, such



# BIC SPACE, BOOSTS SPACE, BOOSTS CRITICAL CARE By Tony Mecia Photos by Jessica Milligan

as open-heart surgery.

Hospital administrators tout it as essentially a new hospital, with no department left unimproved.

#### 'Graceful' Growth

"We don't have snakes coming through the door anymore," says Chris Hummer, president of CMC-Pineville, during a recent tour of a new wing of the hospital. "It's a big change. We've worked to grow gracefully. ... People have gotten used to the idea that this is a place I can go for higher-level things."

People in the Ballantyne

area have plenty of choices for medical care. There are, of course, doctors' offices and medical offices scattered throughout the area, offering a wide range of outpatient procedures, surgeries and other treatments.

But for more advanced medical treatments, only hospitals will do. From Ballantyne, the closest ones are CMC-Pineville, Presbyterian Hospital Matthews, Piedmont Medical Center in Rock Hill and the three hospitals near uptown: Carolinas Medical Center, CMC-Mercy and Presbyterian.

Previously, the hospitals

uptown would handle the region's most complex cases, while those in the suburbs handled more routine events, such as childbirth. But as medicine has advanced, more complex procedures have migrated out to the other hospitals. That means that more people can be treated near where they live, closer to their family and friends and support structure.

CMC-Pineville's expansion will keep many patients from Ballantyne in south Charlotte, instead of heading uptown.

Dr. Kristin Strawhun, a pulmonary and critical care

SPRING 2012 BALLANTYNE MAGAZINE 53

In the next few months, CMC-Pineville will finish construction on its latest expansion — a \$300 million project that has been going on for five years.



doctor, says that when she worked at CMC-Mercy for a nine-month stint in 2010 and 2011, many of her patients came from south Charlotte, because CMC-Pineville did not have the beds to take them. Hospital officials say they had to transfer 1,800 patients last year because they lacked space.

Now, Strawhun is at CMC-Pineville. She tells of an elderly patient who was found unconscious in her home, with a low body temperature and her heart, kidney and lungs beginning to fail. She was rushed to CMC-Pineville. Previously, doctors

there would have stabilized her, then transferred her to Carolinas Medical Center or CMC-Mercy.

Now, with more equipment and more rooms, the patient was able to stay at CMC-Pineville, where doctors diagnosed her with a bacterial blood infection springing from pneumonia. The woman is expected to recover.

Because of the expansion, "you have families from this area that can more easily visit their loved ones," Strawhun says.

As it has grown, the hospital has started reaching beyond Charlotte, too. About one-third

of its patients live in York and Lancaster counties in South Carolina.

#### **New Layout**

On a recent tour of the hospital's new wing, Hummer walked by workers whose drills were whirring as they put finishing touches on carpeting, doors and furniture. As he moved from a hallway through a door and into another hallway, Hummer noted that one of his main worries about the additions is whether people will be able to find their way around. The hospital has

#### **WHAT'S NEW**

This spring, CMC-Pineville is completing an expansion that has touched nearly every part of the hospital. Here are projects the hospital will have completed since 2007:

- Parking deck
- Front lobby
- Cafeteria
- Levine Cancer Institute expansion
- Emergency Department expansion (added 10 beds, to 31)
- Perioperative expansion (added three operating rooms, to 10; added 14 recovery bays)
- Surgery services expansion
- Central energy plant expansion
- Clinical decision unit (six beds)
- Post-procedure care unit (eight beds)
- Maternity center expansion
- Patient bedtower (new)
- Intensive care unit expansion
- Cardiology services expansion
- Inpatient bed-capacity expansion (to 206 total: 132 medical surgery, 30 intensive care unit, 34 maternity rooms, 10 neonatal care)
- Women's health
- Dialysis



BALLANTYNE MAGAZINE

hung signs and TV monitors to help direct visitors, and it will probably place greeters at desks near entry points, but Hummer says that even with those efforts, the new layout will take some getting used to.

Also gone are the days when patients could easily park in front of the hospital and walk a short distance inside. Today, there's a new parking deck off to the side.

The hospital building dates to 1987, when it opened as Mercy Hospital South, a satellite facility of Mercy Hospital. Carolinas HealthCare bought the hospitals from the Sisters of Mercy in 1995 and renamed the one on N.C. 51 CMC-Pineville.

Although it will bring about some changes, many employees say they're enthusiastic about the expansion — especially the new

250-seat cafeteria, which has a salad bar and Caribou Coffee. The old cafeteria held 45.

The renovations are also adding family waiting rooms and a conference center, which can be used for staff training or community events. The hospital's pharmacy is also doubling in size. The total number of hospital beds will increase to 206, from 120.

#### Maternity **Expansion**

There are also big changes on the recently renovated maternity ward. The hospital now has some of the region's only rooms where mothers can both



CMC-Pineville officials say they had to transfer 1,800 patients last year because they lacked space.

## The Office You Need

81 "Move-In Ready" offices with flexible terms at YourOffice-Ballantyne



#### Please Join us for a Tour!

- Located in the #1 international suburban business park of the year (BOMA)
- Professionally appointed, furnished offices
- Leading-edge telephony and data technology: fast & secure
- Business-ready receptionist & admin services, on-demand
- HD video conference, board rooms & seminar rooms available 24/7
- Part time office and mailing addresses starting at \$99/mo

#### **Ballantyne One**

15720 John J. Delaney Dr., Ste. 300 www.youroffice.com/ballantyne

Sales Info:

(704)944-3200 Ellen.Spellman@YourOffice.com



Take a Virtual Tour Now! http://www.obeo.com/574594

#### Your Neighborhood Dry Cleaner

Your wardrobe deserves the quality care and cleaning only a Sanitone® Certified Master Drycleaner can provide. At Carriage Cleaners our exclusive cleaning process can help clothes last longer, and keep them looking like new.

Hand delivered to your home or office or take advantage of one of our 6 locations.





704-377-7300 Delivery Service

704-544-3141 Ballantyne 704-543-9008 Blakeney 704-542-6212 Colony Place 704-849-0349 **Providence Commons** 704-541-9141 Arboretum 704-377-9720 Dilworth



www.CarriageCleaners.net

Mention this code BAL1 to get 10% off your next order (limit one per customer).

SPRING 2012 BALLANTYNE MAGAZINE



give birth and recover, without having to switch rooms.

In the neonatal unit, which cares for premature or sick infants, the hospital added 10 rooms where parents can be with their newborns in a private setting, as opposed to having all the newborns in one area.

"It's great to be able to do these things that we weren't able to do in the old unit," says nurse manager Tamara Dowless.

Dr. Kevin Smith, chief of CMC-Pineville's medical staff, says all the changes translate to better care. He says he's especially excited about the

increasing level of the hospital's sophistication, such as offering open-heart surgeries, as well as the arrival of new doctors. He says the expansion is good news for nearby residents.

"It brings a name that people know and trust from Carolinas Medical Center and makes it local for them," he says.

The expansion of CMC-Pineville comes as more medical options appear on the way for residents in the Ballantyne area. In September, Carolinas HealthCare System applied for permission from the state to build a stand-alone emergency department at an unspecified site on Providence Road, south of I-485. It would open in 2014.

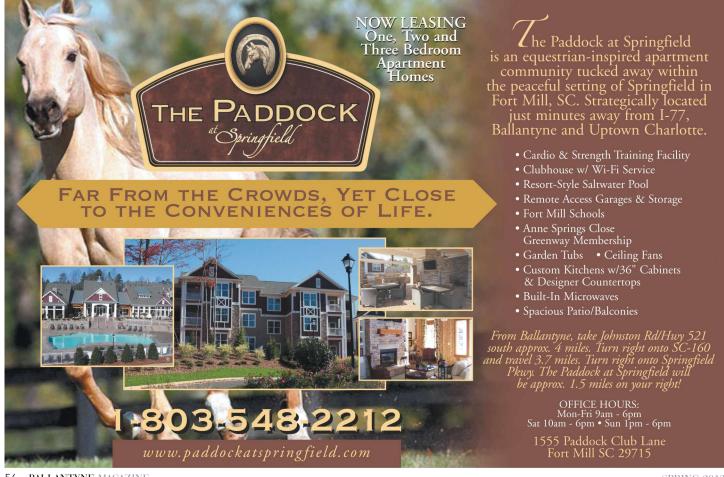
In addition, there should eventually be a new hospital in Fort Mill. In the fall,

South Carolina regulators awarded Carolinas HealthCare permission for a 64-bed Fort Mill hospital near Interstate 77, but competitors Presbyterian Healthcare and Tenet Healthcare are appealing the decision, so it's unclear when construction might start.

And to the east, 117-bed Presbyterian Hospital Matthews is expanding, adding a fifth floor, 20 beds and more parking spaces in a \$16.6 million project.

Hummer, CMC-Pineville's president, says he's looking forward to the opening of the new spaces. But he says it won't be the end of the hospital's growth — just a pause.

"We'll be at a stopping point," he says. "But it won't last long." 🖺





#### FRI TUE WED THR SAT gwn lhv lhv lhv lhv 10 **TOL** 7:15 BUF 7:15 TOL 7:15 TOI 7:15 15 nor 16 nor 18 nor dur nor dur dur dur off ROC 7:15 ROC 7:15 ROC 2:15

JUIL						
SUN	MON	TUE	WED	THR	FRI	SAT
					gwn	gwn 2
3 GWN 5:15	4 GWN 7:15	<sup>5</sup> tol	6 tol	<sup>7</sup> tol	<sup>8</sup> tol	<sup>9</sup> col
col	col col	col col	13 Off	14 IND 7:15	15 IND 7:15	16 IND 7:15
17 IND 2:15	18 <b>COL</b> 7:15	19 <b>COL</b> 7:15	COL 12:15	COL 7:15	roc roc	roc roc
roc roc	roc roc	26 paw	27 paw	28 paw	29 paw	30 gwn



Fireworks after every Saturday night game and after the May 27th, July 4th & Sept. 2nd games! CharlotteKnights.com

HOME

away

\*Game times subject to change.





## **CHALLENGE YOURSELF TO** RAISE THEIR POTENTIAL



## **RUN! BALLANTYNE**

10K, 5K & Fun Run

May 19, 2012

## Register Today!

Check out our -Corporate Teams & School Team Divisions

ymcacharlotte.org/Morrison

Hosted by the Morrison Family YMCA at Ballantyne and Ballantyne Village YMCA



FOR YOUTH DEVELOPMENT® **FOR HEALTHY LIVING** FOR SOCIAL RESPONSIBILITY

## TRIPLE YOUR IMPACT







THIRD ANNUAL

Kid's Tri! Ballantyne, July 13 Tri! Ballantyne, July 14

Hosted by the Morrison Family YMCA Visit ymcacharlotte.org/morrison to Register



# Hound **Happiness**

## Davie Dog Park Offers 5 Acres of Off-Leash Space

#### By Mary Elizabeth Robertson Photos by Shane Baskin

Editor's Note: We all like to discover interesting people, places and things in our own backyard. The new "Who Knew?" column will spotlight intriguing aspects of the area that may not be readily apparent. If you have topics to suggest, let us know. Drop Publisher JJ Bissell a line at jjbissell@ballantynemagazine.com.

pla
ANOTHER TYPICAL DAY AT than Davie

ANOTHER TYPICAL DAY AT WORK. Another ordinary drive home. As you grab the leash to take your dog out after being crated all day, your dog looks at you with longing eyes.

"Seriously," he seems to ask. "Can't we do something fun, please?"

It's time you and your best friend find a place to

put some pep in your step and change up the daily routine. What better place to do that

than Davie Dog Park?

The dog park is located inside William R. Davie Park, located just east of the Rea Road intersection. The dog park spans five acres of enclosed, off-leash space, comprised of two enclosed areas; one on the left and right — the left for small dogs, weighing less than 20 pounds, and one on the

right for bigger breeds.

The right side is larger than the eye can see. That's where Grant Newhouse and girlfriend Kathlin Harbert can often be found, hanging out with their two dogs. Newhouse and Harbert have visited several of Charlotte's dog parks. This is one of their favorites because of the grassy areas and the trees aligning the





Kathlin Harbert and Grant Newhouse enjoy the park with their pups, Zoe and Larry.

SPRING 2012

BALLANTYNE MAGAZINE





Zoe (left) and Larry frolic at Davie Dog Park.

park. Harbert and her springer spaniel, Zoe, come to the park to enjoy the company of other dogs, and to give the dogs a chance to socialize.

Newhouse was also drawn by the opportunity to meet other people. "Well, now we are dating, but before that, I used to come out here to meet girls," he confesses.

Other people come to Davie Dog Park to exchange information and learn from others. "It allows dog owners to share tips for a first-time dog owner; it's helpful," says Barbara Davis.

She and her border collie mix, Charlie, frequent the park four or five times a week. "I live in a condo and that is a very restrictive lifestyle for a dog," she says. "We just like it because there are different sections and, because he is in between sizes, we can go to the small (park), too."

Linda Ripper of the Raintree community enjoys the natural aspect of the park. She and newly adopted dog, Daphne, like the trail-like atmosphere the park provides. "It's not an open field with a fence. It's like walking through the woods in an actual habitat," Ripper says.

You and your dog can enjoy the park from 7:30 a.m. until sunset every day. Mecklenburg County Park and Recreation rules require that owners follow all posted guidelines. Dogs must have current vaccinations (rabies with tag number, DHLPP and Bordetella).

The next time that Spot or Fido look up at you with those longing eyes, remember Davie

Dog Park. You'll turn
into "Super Mom"
or "Super Dad" in
the eyes of your
appreciative
pup. And you'll
likely have
fun, too.

#### **DAVIE DOG PARK**

William R. Davie Park, 4635 Pineville-Matthews Road www.charmeck.org/mecklenburg/county/ParkandRec/Parks/DogParks









We accept most insurance plans

## Quality Dentistry by People Who Care

Implant, Cosmetic, and Comprehensive Dentistry for the Entire Family

We invite you to come experience our brand new state-of-the-art office just off Audrey Kell across from Target.

Darren Wellenreiter, DDS 8832 Blakeney Professional Drive Suite 201 • Charlotte, NC 28277 704.341.5770

darrenwellenreiterdentistry.com



ORTHOPEDICS
RHEUMATOLOGY
PAIN MANAGEMENT
PHYSICAL &
OCCUPATIONAL

**THERAPY** 



# Feel The Difference In Our Ongoing Dedication To Better Living

For more than three decades, the highly skilled physicians, surgeons and clinicians at Carolina Bone & Joint have shared a common goal – to provide the very best care in ORTHOPEDIC SURGERY, RHEUMATOLOGY AND PAIN MANAGEMENT. Many of our board-certified doctors are fellowship-trained in their respective specialties; all are dedicated to helping you regain an active, rewarding life.



10460 Park Rd. Charlotte, NC 28210

Get to know us better.

701 E. Roosevelt Blvd. Monroe, NC 28112

Visit us online for our other locations: Greensboro, NC & Lancaster, SC

(704) 541-3055 bonesrus.org

BALLANTYNE MAGAZINE



# Walk or Run with the Crohn's & Colitis Foundation of America!

There are 1.4 million Americans—one in 200—living with Crohn's disease and ulcerative colitis, two painful, debilitating diseases that attack the digestive system and are currently medically incurable. Of those affected, about 150,000 (or one in every ten) are under age 18. Most people develop the diseases between ages 15 and 35. Symptoms may include abdominal pain, persistent diarrhea, rectal bleeding, fever, and weight loss.

The Crohn's & Colitis Foundation of America (CCFA) is the leading non-profit organization dedicated to finding cures. When you participate in one of our events, you also raise funds for our mission-critical research, education, and support programs.



#### Charlotte Take Steps Walk at Freedom Park: Saturday, May 20, 2012



Take Steps for Crohn's & Colitis is CCFA's largest fundraising event. Participants raise funds and awareness throughout the year and come together to celebrate the steps that have been taken toward cures. While many people with Crohn's or colitis suffer in silence, Take Steps is changing that by bringing this community together publicly and encouraging them to make noise and be heard! Register today for our walk at Freedom Park—visit www.cctakesteps.org, or call 704-332-1611.



#### Virginia Wine Country Half Marathon: Saturday, June 2, 2012

Team Challenge is CCFA's endurance training and fundraising program. When you join our Team, you'll commit to raising funds for CCFA's programs. In return, you'll receive customized training by professional coaches over 16 weeks as well as an expenses-paid trip to your event.

Team Challenge Carolinas is training now for the Virginia Wine Country Half Marathon! On Saturday, June 2, 2012, you'll run or walk with our Team through

the historic estates and beautiful horse farms of Virginia. The Virginia Half Marathon is sold out to the general public—the only way to participate is through Team Challenge. **Join us now at www.ccteamchallenge.org, or call 646.770.4624.** 



# ON A ROLL

18 Asian Tingles Taste Buds with Custom Sushi

By Sean O'Connell Photos by Ray Sepesy





The restaurant goes above and beyond in tailoring dishes to patrons' tastes — sometimes right down to the individual guest.

about eating raw fish, despite the popularity of the international cuisine. It's advised, when trying sushi, that you experiment with different ingredients — crab, shrimp, eel, tuna, scallops and more — until you find the tastes that match your palette.

That's where 18 Asian & Sushi Bar comes in. Tucked into the corner of the Blakeney intersection at Rea and Ardrey Kell roads (in the shopping center opposite Best Buy), 18 Asian offers delectable entrees, extensive sushi rolls, a wide selection of noodle and rice bowls, as well as Asian tapas and specialty entrees — all in a casual, contemporary setting.

The restaurant caters to savvy sushi consumers as well as newbies to the Asian delicacy. But the restaurant goes above and beyond in tailoring dishes to patrons' tastes — sometimes right down to the individual guest.

#### **Fusion Profusion**

"We try to find out what people want, then put it in the dish. Hence, the Asian fusion,"

## SECRET OF SUSHI: STICKY RICE

Ingredients in traditional sushi rolls couldn't be more basic.
Seafood options vary from shrimp, crab and tuna to scallops and eel.
Those flavors are accompanied by avocado, cucumber, cream cheese, masago (fish roe) and tempura crunch.

The concoction is then wrapped in rice and either a soybean sheet or, for seasoned sushi eaters, a seaweed wrap.

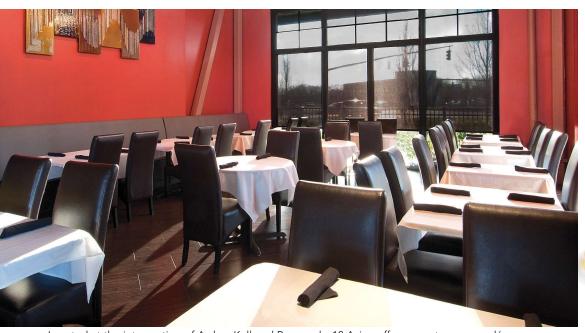
So why, then, is it so complicated to make sushi at home?

The secret to fine sushi lies in the stickiness of the rice, which is used to bind the sushi roll together in a bite-sized morsel. While ingredients and their quantity change to suit individual tastes, it's the rice that holds everything together.

At 18 Asian, we learned that is short-grain rice that gets slightly sticky when cooked. Long-grain rice, in comparison, is much drier and won't bind the sushi ingredients.

Beyond that, a key to controlling the stickiness of the rice is water. Exactly how much to use, and when, is an 18 Asian secret. You'll have to find a good recipe and experiment at home.

Or, you can visit the restaurant, where the professional chefs maintain the integrity of your sushi. And your kitchen stays clean!



Located at the intersection of Ardrey Kell and Rea roads, 18 Asian offers a contemporary décor.



"The good thing about our restaurant is that it evolves through its customers," says managing partner Paul Penilla.

says Paul Penilla, a managing partner behind 18 Asian. The eatery belongs to a restaurant group that includes Jade Asian Fusion in Ballantyne and the new EMZY Asian Kitchen, which recently opened at the Duke Energy Center uptown.

"The good thing about our restaurant is that it evolves

through its customers," Penilla continues. "We actually have rolls that specifically were designed by customers."

A regular named Rob is a seasoned traveler who samples sushi no matter where he goes. He came back to 18 Asian and recommended certain combinations. Elsewhere on the menu, you might find the Rich Roll, named after a member of the restaurant's wait staff, and the famous Charlie Roll, designed by one of 18 Asian's chefs.

#### 'Sweet' Signature

But it's the restaurant's signature dish, the Sweet 18,

that proprietor Jennie Wang recommended to this writer, and it's easy to understand why.

The dish comes with eight rolls of spicy crabmeat, cucumber and avocado wrapped in a bright pink soybean sheet. A fried shrimp tops each piece, and the kicker is a drizzling of the restaurant's original honey glaze. The flavors complement themselves wonderfully in a punch that's sweet, spicy, fresh and delicious.

The Sweet 18 is one of Asian 18's most popular dishes. The fact that all of the elements are cooked appeals to sushi newcomers, while the amazing taste of the signature honey glaze sauce keeps regulars coming back for more.

As the entrepreneurs at 18 Asian note, it's the journey, the

experimentation and the world of flavors that await you that make sushi such an appealing dish. They'd love for your personal culinary journey to start at 18 Asian.

#### 18 ASIAN & SUSHI BAR

#### Lunch

Monday-Friday 11:30 a.m. to 2:30 p.m.

Saturday-Sunday 12:30 p.m. to 3 p.m.

#### Dinner

Sunday-Thursday 5 p.m. to 10 p.m.

Friday-Saturday 5 p.m. to 11 p.m.

9935 Rea Road, Suite E 704-845-1801 www.18blakeney.com

# YourOffice Ballantyne Meeting Rooms

Your most productive meetings start here



Once you've used one of our meeting rooms there is no turning back.
Fast, secure WiFi, high-definition flat screens, PC projection, touch-screen controls, teleconferencing and real-time Hi-Def teleconference capabilities. Our meeting rooms are built for business, it's that simple.

#### Ask us about our FREE TRIAL.

Discounts are available for multi-day use.

#### **Ballantyne One**

15720 John J. Delaney Dr., Ste. 300 www.youroffice.com/ballantyne

#### Sales Info:

(704)944-3200

Ellen.Spellman@YourOffice.com

Day Office (up to 5 people)
Business-ready private office.
Perfect for catching up on
work in between meetings

#### **Conference Room**

(up to 5 people)
Great for small client
meetings, team meetings,
sales presentations.
Wonderful natural light
and views.

Boardroom (up to 12 people) Ideal for executive meetings, sales presentations and large client meetings. Perfect when you want to impress.

#### **Seminar Room**

(up to 40 people)
Perfect for large gatherings, training seminars and public speakers.



Take a Virtual Tour Now! http://www.obeo.com/574594 By Sean O'Connell Photos by Shane Baskin

THE DATE NIGHT REUNION PIECE, which ran in our Winter 2012 issue, was a smash hit. If you missed it, we circled back around to the couples who've participated in Date Night for Ballantyne Magazine.

Among the couples, two tied the knot. One long-distance relationship eliminated the distance. And one blessed couple had a beautiful baby. The stories warmed our hearts.

The reunion story also helped us lure new couples who have been reading the column on a regular basis and were eager to test it out for themselves. Meet Marianne Schild and Alex Lee, Charlotte natives who met during a summer internship at the Arts & Science Council.





#### BALLANTYNE | date night





Marianne's putt just misses.

Marianne Schild and Alex Lee met during internships at the Arts & Science Council.

At the time, Alex was heading into his final semester at Queens University, while Marianne was taking classes at Davidson. They're both active readers of the magazine, and they love the Date Night feature — which over the course of a planned occasion explores entertainment and dining options in our neighborhood.

Alex, as it turns out, has some experience with event planning and coverage. During his ASC internship, he worked in the marketing department, where his chief responsibility was updating the Charlotte Culture Guide. As a result, he always had the inside track on fun activities happening in and around the Queen City, Marianne says.

"We'd go to see bands or



One of Marianne and Alex's first dates was a golf outing. So Date Night sought to recapture that magic at The Golf Club at Ballantyne.

different movies playing in the parks," she recalls. "We had some really cute dates."

That sounded like a

It's always just for fun, and we play regularly now. ...
But if I outdrive him, I do throw it in his face," Marianne says.

challenge. So we sent Marianne and Alex on a golfand-burger combo, as both elements played heavily into their likes and experiences. Let's see how things went on their Date Night. Alex drove off of 18, just to do it," Marianne notes.

And despite the date taking place in the dead of winter, they were fortunate to have gorgeous weather.

"It had been raining off and

outdrive him, I do throw it in his face."

#### **Burgers: 'Smash' Hit**

The stereotypical "19th hole" is a favorite for Marianne and Alex, but





After golf, the pair checked out Smashburger.

#### The couple enjoyed gorgeous weather for a winter day.

#### Linking Up

One of the first places
Alex took Marianne was on a
date to a golf course. "It's an
interest of both of ours," she
explains. "He grew up playing
golf with his dad. They
would even go on golf trips
to different resorts. And I
grew up playing golf with my
dad and my brother. It's just
always been part of both of
our lives. It was another thing
that we had in common."

We thought it would be appropriate, then, to recreate that early romantic magic by sending them to The Golf Club at Ballantyne, where they would up completing nearly a full round before bailing to get dinner. "I think we skipped 16 and 17, though

on for days, and we were afraid we weren't going to be able to play," Marianne says. "But I remembered something my grandfather told me about it never raining on a golf course, and sure enough, the sun was out the whole time we were playing."

The couple called the course at The Ballantyne Hotel & Lodge the "most beautiful" public course they've ever played. They also said it was difficult and challenging.

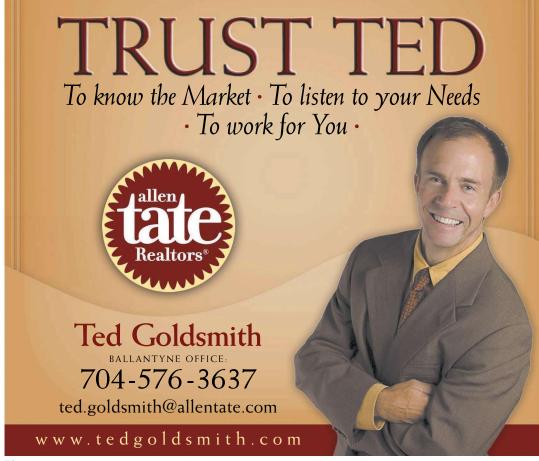
They didn't attempt any side bets, and Marianne says, "Neither of us are super competitive. It's always just for fun, and we play regularly now. ... But if I



Marianne and Alex tee up some cold beverages.

SPRING 2012 BALLANTYNE MAGAZINE 6





instead of drinks this day, they headed out for burgers, salads and fries. They claim to be sushi junkies, frequenting Soul Gastrolounge in Plaza-Midwood.

But at the time of this date, they craved red meat and we sent them to Smashburger, which opened recently in the StoneCrest at Piper Glen Shopping Center, and is part of a national chain.



Marianne ordered the restaurant's sumptuous Cobb salad.

The key words at Smashburger are "smash," "sizzle" and "savor." The company stresses that its staff is dedicated to creating the best-tasting "smashed-to-order" burger with toppings based on your individual tastes.

Marianne settled on what she called "an enormous and very colorful" Cobb salad. Alex got a burger and shake.

"It's very reasonably priced,"
Marianne notes. "It's very
modern. It was really good, and
the service was great. It looks
small from the outside, but it's
perfect, and the people were
really nice."

The couple commented that StoneCrest had desperately needed a burger joint to complement its selections, which include Chinese and Spanish food, pizza and ice cream.

"I remember when



The burger and salad fare pleased the couple.

StoneCrest was a forest,"
Marianne says. "This was before
Ballantyne was recognizable.
They put in a Target and a
cinema. When I was in middle
school, the thing to do was to
go to Regal, catch a movie and
then walk over to Marble Slab

and have an ice cream."
Oh, the irony.

Even though time has passed, and Marianne and Alex have grown up, they still look to StoneCrest and Ballantyne hot spots to provide a cool evening of food and fun.



#### The Golf Club at Ballantyne

10000 Ballantyne Commons Parkway 704-248-4036 www.theballantynehotel.com/golf

#### Smashburger

7804 Rea Road StoneCrest at Piper Glen Shopping Center 704-544-5355 Daily: 10 a.m. to 10 p.m.

www.smashburger.com/location/Stonecrest



Did Marianne and Alex enjoy their date? We think so.

### HAWFIELD FARMS

Luxury. Sophistication. Prestige.

Design that thrills. Amenities that pamper.



Located in South Charlotte's Ardrey Kell area between Ballantyne and Blakeney, Hawfield Farms introduces a new level of luxury leasable living.



#### Amenities and Indulgences:

- · Minutes away from Ballantyne Corporate Park
- Granite countertops and Stainless steel appliances
- · Hardwood and travertine flooring
- · Private attached garages
- · Resort-style Saltwater pool
- · Conversational firepit and poolside grill
- Private movie screening room with surround sound and stadium seating
- · Wi-Fi social spaces
- Pet-friendly
- Walking distance to The Shoppes at Ardrey Kell



www.hawfieldfarms.com 16311 Hawfield Way Drive, Charlotte, NC 28277 | 1.866.450.0137







Ink Strapless Satin Cocktail Dress with Ribbon and Sequin Detail by Rebecca Taylor, \$350



## INSPIRE! DRAWS OVER 200

At the Inspire! Ballantyne Gala, the crowd buzzed with over 200 guests in support of the underserved children of east Charlotte. On Dec. 8, guests arrived at The Ballantyne Hotel & Lodge in their semi-formal attire for the fourth annual event, sponsored by the Morrison Family YMCA.

Guests enjoyed entertainment, hors d'oeuvres and a charity auction that garnered over \$19,000 for children in need.

Photos by George Hendricks, Blackbox Studios

- 1. Andi Kennington, Clay Kennington, Emily Kerley, Katie Cutler
- 2. Ellen Rivlin, Doug Rivlin
- 3. Tripp Guin, Caroline Guinn, Wendy Peterson, Jenn Parsells, Art Parsells, June Kaplan
- 4. Janat Schramm, Skip Schramm
- 5. Matt Roden, Lyndsi Reimer
- 6. Bill Jackson, Sally Jackson, Roxanne Herford, Louis Herford
- 7. David Chittle, Sharon Chittle
- 8. Wil Brooks, Tuesday Mize, Steve Bowers







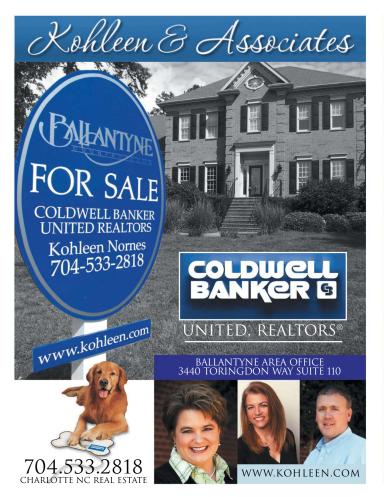


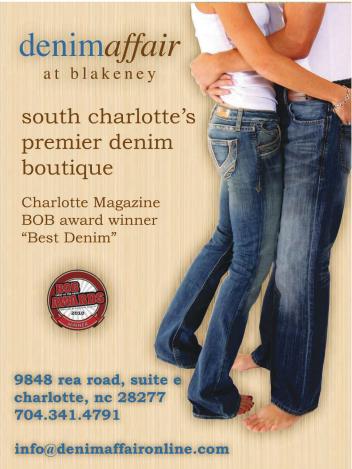














## CAROLINA DENTAL ARTS of Ballantyne Village

At Carolina Dental Arts we are committed to serving our patients with consideration and understanding in a

warm relaxing environment. Our goal is to provide healthy beautiful smiles and convenient appointment times to fit your schedule.



- Complete Dentistry for Adults & Children
- Tooth colored fillings Teeth whitening
- Digital xrays (less radiation)
- Crowns & Bridges Complete & Partial Dentures
- Extractions / Wisdom Teeth

Call today to reserve a New Patient appointment!

704.369.5200

Carolina Dental Arts of Ballantyne Village Roth & Cox, DDS, PA

14825 Ballantyne Village Way • Suite 280 • Charlotte NC 28277 • www.carolinadentalarts.com

# JORDANOS HOSTS CHARITY EVENT

Jordanos Men's and Women's Boutique hosted "reover," its first-ever fashion charity event Nov. 12 at the Ballantyne Quad.

The crowd enjoyed live and silent auctions, illusionist Chris Hannibal, music by DJ Ahuff and a performance by Andy Grammer.

The event honored Don Nicholas, a Charlotte man missing in Fiji since July. Proceeds benefitted the Regional AIDS Interfaith Network and Same Sky, a fair-trade company serving to empower women and create a movement of women empowering women.

Photos by George Hendricks, Blackbox Studios

- 1. Hector Batista, Jenn Lamarre
- 2. Zev Kaminetsky, Shelly Kaminetsky, Richie Collins, Darren Crenshaw
- 3. Anthony Sung, Michael Park, Young Kim, Derek Musgrave
- 4. Dorie Fusaro, Kristen Mercer
- 5. Natalie Ramirez, Heather Copsis, Melissa Sherill
- 6. Sandra Calhoun, Alex Netto, Theresa Hughes, Daniel Hadid
- 7. Cynthia Kersey, Sylvia Johnson, Larry Johnson, Robin Davis, Martin Davis
- 8. Bill Besse, Angie Besse, Chris Nogales

































# 'PURSES' RAISES OVER \$45,000

Purses with Power, the signature annual event for the Carolinas chapter of the Arthritis Foundation, drew over 350 attendees to Felix Sabates's Mercedes-Benz of South Charlotte dealership. The Nov. 17 event featured live music, food and a fashion show, along with a silent auction of designer purses filled with gifts.

The Arthritis Foundation strives to improve lives through research, advocacy and awareness. The event raised over \$45,000 for the chapter.

Photos by George Hendricks, Blackbox Studios

- **1**. Katelyn Gordon, Anja Doyle, Jessica Jacks-Turkas, Lori Eichenberger
- 2. Colleen Odegaard
- 3. Linda Moshenek, Kathy Morris, Kathy Tait, Cindy McConnell
- 4. Allison Welch, Claire Renaldo
- 5. Alyssa Knowles, Nancy Whitmore, Jacqueline Parker
- 6. Carrie Arnolds, Kim Delp, Kelley Maryman
- 7. Leigh Callahan, Jane Summey, Ruth Gammon, Janie Sellers
- 8. Jessica Davis, Katie Williams, Melissa Lamkin, Jennifer Fayad

79

# ALLEGRO SERVES UP TURKISH TWIST

The Allegro Foundation held its third annual Ambassador's Ball at Felix Sabates' Mercedes-Benz of South Charlotte dealership on Jan. 21.

The event drew about 250 guests and welcomed honorary chairs, the ambassador of Turkey to the United States, Namik Tan, and his wife, Fügen Tan. Transformed through exquisite decorations, the site reflected the beauty of Turkey.

Presented by Wells Fargo, the event raised funds for the foundation, which helps children with disabilities.

- 1. David Spencer, Shelly Spencer
- 2. Kayla Mosher, Eli Jade
- 3. Eren Telimen, Handa Telimen (president, Turkish association), Kristin Pfeifer, Burcu Goker, Namik Tan (Turkish ambassador)
- 4. Tatus Gressette, Mary Margaret Gressette
- 5. Andrew Pickney, Julie Dick, Lauren Trapp
- 6. Vic Mitchner, Becky Mitchner, John Tate
- 7. Michelle Skipper, Joanie Cantaloupo, Beth Coric
- 8. Mayor Anthony Foxx, Samara Ryder Foxx

















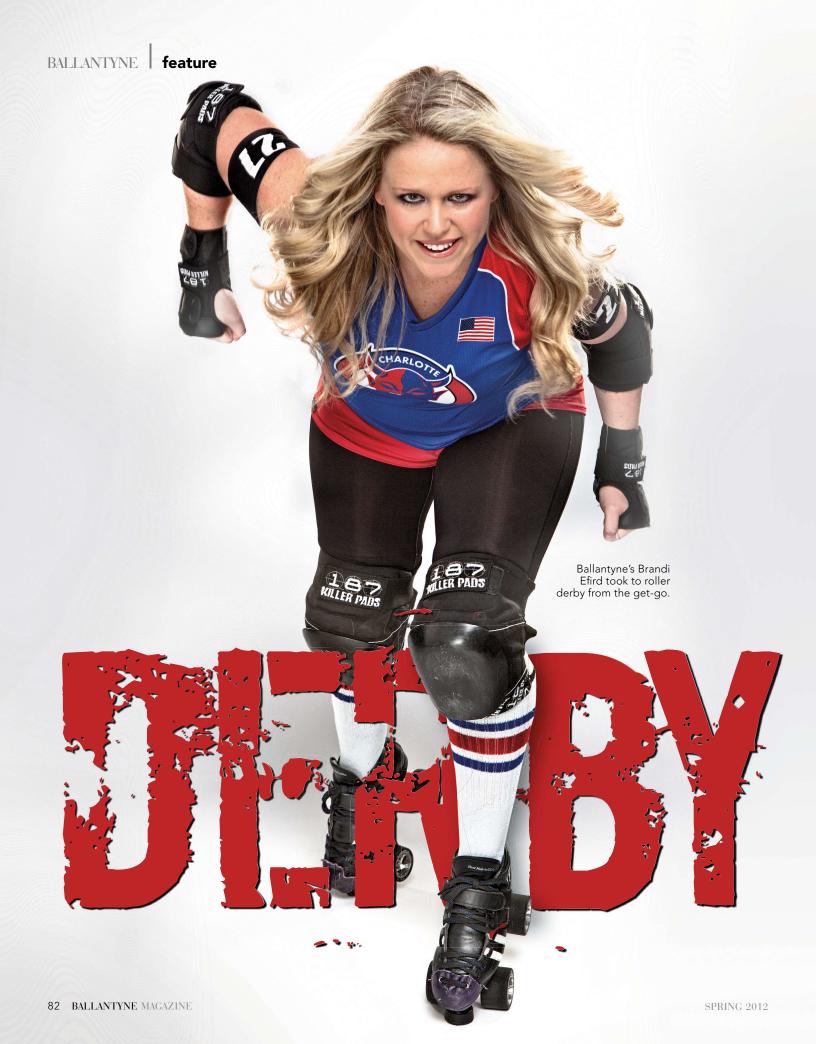


The largest speculative office delivery in the U.S. is right here in Ballantyne Corporate Park.

NOW LEASING







BALLANTYNE, BY REPUTATION, CATERS TO GOLF AND TENNIS enthusiasts. Brandi Efird would like to change that.

The 29-year-old Ballantyne resident participates in roller derby with the Charlotte Speed Demons, a local team that practices in Ballantyne at 9 Round Gym, located at the intersection of Ardrey Kell and Marvin roads.

The team — at every level — strives to be professional, shattering the stereotypical imagery that goes along with roller derby. There are no stage names here. Gaudy makeup is prohibited, and proper uniforms are required.

"Our players are athletes," says Craig Bailey, president of Charlotte-based Race City Roller Derby. "They want to be recognized for their activity and their accomplishments on the track, not for their derby name."

Efird raced on inline skates while growing up. Once out of her teens, she was looking for something else to do while staying in skates, and happened on roller derby. Her sister actually discovered the sport when she bumped into a few members of the Charlotte-based team. Knowing that Brandi

was actively seeking a new athletic challenge, her sister made the recommendation.

"I did not know anything about it," Efird recalls. "My sister pretty much signed me up, and had me there. It did sound interesting, so I checked it out. I've been hooked ever since."

#### **A Contact Sport**

Efird, a full-time dental assistant, says it's a fullcontact sport. "You do get hit," she notes with a sly grin.

But Bailey emphasizes that safety is the top priority of the professional league. "Part of the training process is



# CHARLOTTE SPEED DEMONS TRAIN IN BALLANTYNE By Sean O'Connell Photos by Shane Baski





teaching the rules, and there are a lot that need to be taught," he says. "We constantly grill our girls on the rules to know that they understand the way the game is properly played."

And how is it played? Roller derby is a sport of speed and precision, with blockers protecting the oval track as jammers race around and try to attain points. It's an easy game to pick up, Bailey says, but if audience members have a hard time learning the ropes, team ambassadors at events answer questions and explain what's happening.

The Speed Demons are always on the lookout for new talent. They recruit mostly through word-of-mouth but also post flyers in neighborhood gyms to lure interested parties to contests. The current age range of the Speed Demons is from late teens to early 40s. The team plans to establish a farm team in the near future that would train interested players before they move up to become a Speed Demon.

#### **Seeking Olympic Status**

Long term, the sport has Olympic aspirations. Bailey's Race City Roller

ROLLER DERBY IS A SPORT OF SPEED AND PREGISION, WITH BLOCKERS PROTECTING THE OVAL TRACK AS JAMMERS RASE AROUND AND TRY TO ATTAIN POINTS.



### ROLLER DERBY IS EARLY IN THE PROCESS OF ATTAINING STATUS AS AN OLYMPIC SPORT, BAILEY SAYS: IN ALL HONESTY, HE SALLS IT A LONG SHOT.

Derby organization is a member of USA Roller Sports, the national governing body for all competitive roller sports. The organization is recognized by the Federation Internationale de Roller Sports, known as "FIRS," which in turn is recognized by the U.S. Olympic Committee.

Roller derby is early in the process of attaining status as an Olympic sport, Bailey says. In all honesty, he calls it "a long shot."

"But roller derby has become so big across the globe, that the Olympic Committee ... has accepted us," he says. "Now they'd like us to come up with a standardized rule set that we can play in international competition. So we've passed the first hurdle. Now we're going on to the next hurdle."

For now, the Speed Demons are focused on the latest season, which just got underway Feb. 25 with a contest against the Appalachian Roller Girls. The season extends through October, with one match per month. Their home matches are at Breakaway Sports, north of uptown at 3917 Trailer Drive.

"I chose to play for this team because I believe so much in what we represent," Efird says. "The main reason, for me, is how much confidence they (the organizers) have in our players. You're not going to get that from other roller derby teams. We are a little different. ... We don't have crazy requirements. We don't have to do the marketing. We just get to show up and concentrate on being a great

player, becoming a better skater and being better as a team."

For details on the Charlotte Speed Demons, check outt www.CharlotteSpeedDemons.com, where you can find player profiles, a season schedule, team photos, an online store and, of course, contact information in case you're interested in lacing up your skates or taking in a contest.





### Discount. Discount. Discount.

#### 12610 N. Community House Rd., Ste 102 B Charlotte, NC 28277 Bus: 704-542-0825

wil@wilbrooks.com Hablamos Español

#### Get them all with Discount Double Check.™

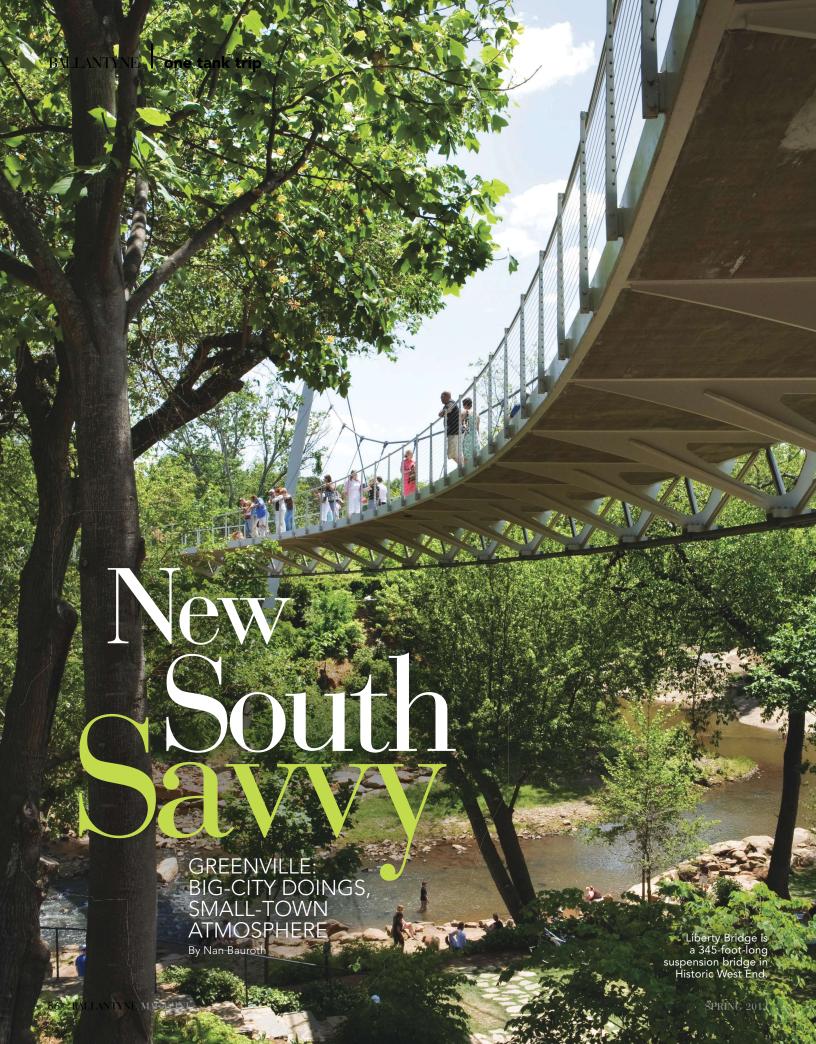
It's a quick and easy way to make sure you're saving all you can. And it's free.

GET TO A BETTER STATE™.
CALL ME TODAY.



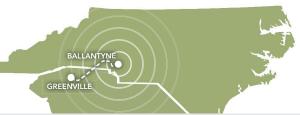
1101246

State Farm, Home Office, Bloomington, IL





Banners and signage in Falls Park promote Artisphere. This year's event is May 11-13.



Ballantyne to Greenville SC - 112 miles - 2 hrs., 1 min.



GREENVILLE, S.C. PERSONIFIES THE NEW SOUTH DONE RIGHT. The heart of this once aging mill town has undergone a renaissance that makes it an ideal destination for foodies, museum-goers, arts aficionados and outdoor enthusiasts alike.

Best of all, everything to see and do is within walking distance or accessible via a free trolley. Add to this the scenic Reedy River that runs right through town — 345-footlong Liberty Bridge over a gushing waterfall — and you have a good-time getaway no matter which way you turn.

Spring is a perfect time to visit, especially if you like fine arts and crafts. The weekend of May 11-13, the city hosts its annual Artisphere, a free three-day outdoor extravaganza of visual, performing and culinary arts, set in the historic West End.

The centerpiece of this nationally recognized fine arts festival is a juried artist show of 17 media categories, including painting, watercolor, ceramics, fiber, sculpture, woodworking, mixed media, jewelry, metal works and photography — with all work for sale.

In addition to Artist Row, Artisphere features three stages with ongoing performances of dancers, musicians and entertainers, as well as demonstrations by local chefs and artists. In the midst of all this, visitors can indulge food cravings at sample booths sponsored by Greenville's top restaurants.

The family-friendly festival also caters to children with a Kidsphere area where they can craft gifts for Mother's Day. Kerry Murphy, executive director of Artisphere, advises that the event Greenville's reincarnation as an arts mecca is due in large part to the extensive works of South Carolina painter and sculptor Jasper Johns and American realist painter Andrew Wyeth.



Artisphere features a wide variety of arts at the annual festival.



Mary's Cottage offers a savory heirloom tomato salad.



Soby's is a popular hangout in downtown Greenville.



Glasswork is part of Artisphere's visual array.

#### BALLANTYNE one tank trip

now lures thousands of people — so downtown hotel rooms should be booked in advance.

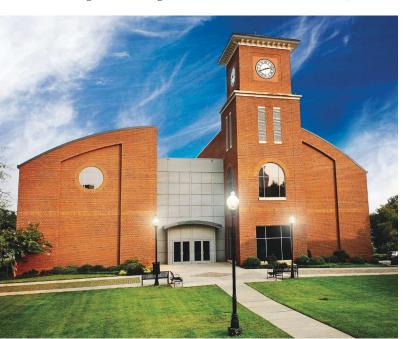
#### **Museums Abound**

Greenville's reincarnation as an arts mecca is due in large part to the extensive works of South Carolina painter and sculptor Jasper Johns and American realist painter Andrew Wyeth. Both collections are housed in the Greenville County Museum of Art, located on Heritage Green, the town's cultural campus two blocks from the Hyatt Hotel.

The museum is also known for its Southern Collection, a survey of American art from colonial times to present. Mary McCarthy, communications manager for the museum, notes that on March 14 the Wyeth Collection will reopen featuring some exciting additions.

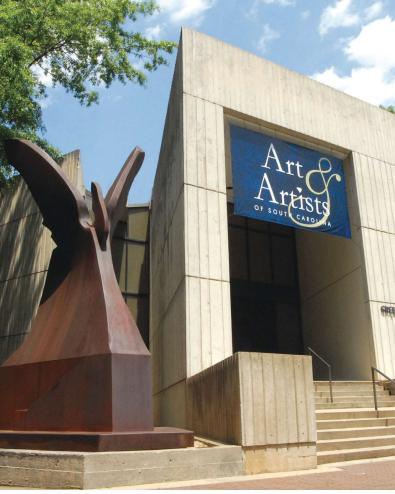
The Jasper Johns Collection will remain until April 15, then come down to allow the museum to stage a major new show, "Alfred Hutty: Woodstock to Charleston," featuring 60 works of the 20th century American painter whose talent for etching earned him a place in the pantheon of American art. The museum, which offers free admission, is an equal draw for its gift shop, which sells fine art pieces related to the collections, and an array of jewelry.

Three other outstanding museums call Heritage Green home, starting with the Children's Museum of the Upstate, one of the largest of its kind in America. Youngsters can explore 18 hands-on exhibits, including the child-size Bi-Lo grocery store and WTCM studio, where



The Upcountry History Museum tells the story of South Carolina's Upstate.

The children's museum features the Kaleidoscope Climber, where small fry can expend excess energy.



The Greenville County Museum of Art houses the Wyeth and Johns collections.

they can produce their own TV show or play meteorologist.

In the middle of the museum looms the Kaleidoscope Climber, a two-story environment that helps small fry expend excess energy. The museum also features a traveling exhibit with interactive dinosaur-life simulators, life-size dinosaur skulls and a paleontologist field station, an exhibit that

will stay through the end of April, says Nisha Patel, the museum's marketing and public relations manager.

On the western edge of Heritage Green sits The Upcountry History Museum, which celebrates the legacy of Upstate South Carolina through photos, videos, re-created scenes and interactive displays, including talking statues. "We



Kids can produce a TV show at the Children's Museum of the Upstate.

88 BALLANTYNE MAGAZINE SPRING 2012



The Upcountry Museum offers a frontier exhibit.

try to focus on individual stories that make up this one big story," says Meg Pierson, the museum's program coordinator.

Starting March 16, a muchanticipated exhibit, "Uniquely Southern Folk Art," will debut featuring paintings, sculptures and other objects by 25 prominent southeastern artists, including Mose Tolliver, Jimmy Lee Sudduth and Howard Finster.

Also on Heritage Green is the satellite location of Bob Jones University's Museum & Gallery. It offers a fourth



Baseball great Joe Jackson grew up in West Greenville.

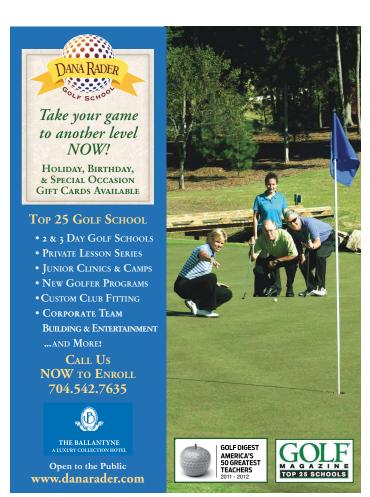
haven for art lovers, featuring rotating exhibits from the university's world-renowned collection of art, along with interactive educational displays on topics like the Old Masters.

Baseball fans can also tap their imaginations in Greenville. The Shoeless Joe Jackson Museum is situated across from the city's minor league ballpark (the trolley stops there). The house number

Baseball fans also have their own historic stop, The Shoeless Joe Jackson Museum, situated across from Greenville's minor league ballpark.

is 356, a reminder of Jackson's lifetime batting average, the third highest in baseball history.

Jackson and seven of his Chicago White Sox teammates





#### BALLANTYNE one tank trip

were banned from baseball for throwing the 1919 World Series, despite acquittal in a court of law. This small museum tells how Jackson rose from laboring in the mills at age 16 to baseball fame. Arlene Marcley, museum president and founder, has spent years researching the baseball star in the hopes of reinstating him in the National Baseball Hall of Fame. The museum, open Saturdays or by appointment, is free, relying on donations and sales in the gift shop.

#### **Downtown Pleasures**

For a metro area its size (nearly a half million in Greenville County alone), Greenville manages to pack all the big-city amenities — top-rated hotels, inventive restaurants and unique shopping venues — into a small town with its attendant charm.

You can check in downtown at the Westin Poinsett, Hyatt, Hampton Inn or Courtyard Marriott, and you're good to go all day and night.

Top shopping picks include Mast General Store, a throwback with its barrels of penny

#### YES, MICE ON MAIN!

Children have a secret pleasure waiting on Greenville's Main Street. Inspired by Margaret Wise Brown's book, "Goodnight Moon," eight permanent tiny bronze sculptures of mice are hidden along the nine-block stretch between the Hyatt Hotel and Westin Poinsett, waiting for youngsters to find them.

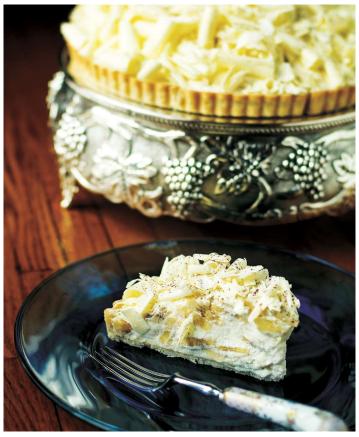
For helpful hints, visit www.miceonmain.com.



Devereaux creates culinary art with its grilled sea scallops.



NoseDive is a gastropub with wine on tap. It doubles as a late-night haunt.



White chocolate banana cream pie is favorite at Soby's.

candy; Pedal Chic, which claims to be the only cycling and athletic boutique in the Southeast just for women; O.P. Taylor's, a toy fantasyland; Greenville Gemstone Mine, where you can buy natural wonders (including dinosaur dung!) and mine for gems

by the bucket; and Michelin on Main, the company's only trademark retail store in America selling merchandise emblazoned with Bibendum, the signature Michelin Man.

An equal draw to arts and entertainment in Greenville is food. The city's dining

90 BALLANTYNE MAGAZINE SPRING 2012



Mary's Cottage in Falls Park is a great spot for an outdoor lunch.

revolution began at the renowned Soby's, transformed from an old shoe warehouse, which still draws a big crowd for its authentic New South cuisine rooted in the farm-to-table movement.

Owner Carl Sobocinski now owns three other toprated restaurants downtown: Devereaux's, a fine dining establishment set in a centuryold cigar factory; The Lazy Goat, a social dining experience focused on Mediterranean fare; and NoseDive, a gastropub with wine on tap that doubles as a late-night haunt for entertainment goers.

For casual lunches, insiders recommend Soby's On the Side, Brick Street Café in the West End or the Overlook Grille with its serene view of Reedy River Falls.

#### **The Great Outdoors**

For a taste of Mother Nature, you can explore 35 acres of green space, terraced gardens and a thriller suspension bridge in Falls Park. Avid cyclers and walkers make tracks for the popular Greenville Hospital System Swamp Rabbit Tram Trail that runs 13.5 miles alongside Reedy River on an abandoned rail line between downtown and the berg of Traveler's Rest.

Bring your bike or rent one nearby, and then reward yourself with a bite at the cyclists' favorite pit stop, The Café at Williams Hardware in Traveler's Rest.

For a shorter workout, just stroll the trail out to the scenic wooded campus of Furman University and then make your way back downtown — where more adventures await.

#### **HOW TO GET THERE**

The quickest route to reach Greenville from Ballantyne is to take I-485 West to I-85 South. Get off at I-385 North, which leads you directly into downtown. The trip takes about two hours.

#### **WANT MORE INFO?**

Request or download the definitive Michelin Greenville and Upcountry Visitor's Guide at www.greenvillecvb.com. If you have a smartphone, you can bookmark m.greenvillecvb.com for getaway updates.

For detailed maps and info on the Swamp Rabbit Tram Trail, visit www.greenvillerec.com/parks/swamp-rabbit.



YORK LIFE

Robert Yatko, CLTC Financial Services Professional New York Life Insurance Company

New York Life Insurance Completions of Agent 6100 Fairview Road Suit 400 Charlotte, NC 28210 Bus. 704 371 8575 rayatko@ft.newyorklife.com

The Company You Keep®

Registered Representative NYLIFE Securities LLC, member FINRA/SIPC

l<mark>6131 Lancaster H</mark>wy

704 541 1101

harlotte NC



- · NYC trained
- · Worked fashion week NYC
- · Customized hair color to fit your style
- · Multi-dimentional highlights & low lights
- ·Fashionable Hair Cuts ·Formal event hair done w/ needle & thread
- · Aquage, Biomega, and Kenra Platinum
- ·Threading specialist \$10 eyebrows & \$8 lip
- •\$20 OFF\* any service except blowouts (one time u
- \$20 Mens Haircuts\*

Can not be combined with any other offer

www.serenityhairspa16131.com

## BALLANTYNE

To advertise in Ballantyne Magazine call Marcy Saele.



704.248.2155 msaele@ballantynemagazine.com www.ballantynemagazine.com





With 29 Years Clinical Experience

• Stroke

Acne/IBS

Over-Weight

• High Cholesterol

Headache/Migraine

- Pain Management
- Infertility
- Menobause
- Fibromyalgia
- Stress/Debression
- Insomnia

- Sports InjuryWhiplash from Auto Accident • Sciatica/Arthritis

www.ballantyneacupuncture.com



Dr. Jeffery (JiFei) Wang (OMD; L.Ac. & CH)

Dr. Mary (Qing) Ren (OMD; L.Ac. & CH)

7810 Ballantyne Commons Pkwy. • Suite 300 • Charlotte, NC 28277 1430 Ebenezer Road • Suite 101 • Rock Hill, SC 29732

## FAVORITE RESTAURANTS TO YOUR HOME, OFFICE, OR HOTEL



Extreme Pita • Topz Burgers • Elwoods BBQ Fifty-1 • El Veracruz • Kabuto • Spice South More restaurants at CarolinaToGo.net

> Open Monday - Friday 11am-2pm • 5pm - 8:30pm Delivery Fees start at \$5 Average Delivery Time: 45-60 minutes

704.543.5142

www.carolinatogo.net



#### Financial solutions are around the corner.



#### Josh A Garbert Financial Advisor

Village At Robinson Farm 8430 Rea Road Suite 130 Charlotte, NC 28277 704-541-4154

Member SIPC www.edwardjones.com Edward Jones<sup>®</sup> MAKING SENSE OF INVESTING







BALLANTYNE MAGAZINE SPRING 2012

### SOLID STATE

Reach Greens in Regulation by Staying Centered

### By Andrew Kiger, PGA Class A Instructor, Dana Rader Golf School Photos by Ray Sepesy

AS THE GOLF SEASON quickly approaches, the time has come to knock the dust off those irons and get back into playing shape. Think about what will make this year your best on the golf course. Is it more power? More accuracy?

If you're like most golfers, you want the ball to fly like a rocket, and for the shot to feel great. With that in mind, a good goal for this year might be to strike the ball more consistently to hit more

greens in regulation.

One of the most important aspects of solid ball-striking is to hit the ball first, then take a divot. This is done by controlling the low point of the golf swing. The low point should be just ahead of the golf ball to ensure solid contact.

How can you improve your low point so that you hit the ball solid every time? Start by staying more centered in the backswing.

### When to Take A Divot

When looking at the driving range this year at the Wells Fargo Championship, I saw every player on the range take a divot after

the ball on his iron shots. The winner, Lucas Glover, was the best that week and provides a great example of staying centered in the backswing. Ben Hogan, Sam Snead, Jack Nicklaus and, with his recent

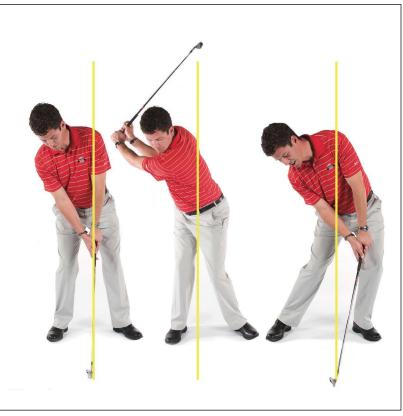


Andrew Kiger

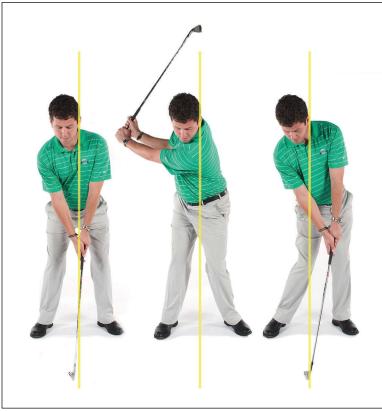
swing change, Tiger Woods, are also prime examples of great players who stay centered in the backswing.

Shifting your weight dramatically

to your right foot or swaying back away from the target with your upper body will make it almost impossible to control the low point of your swing. By shifting or swaying too much, you're



"Sway or shifting your weight" backswing.



Centered backswing.

forced to hunt for the ball, as well as compensate by lunging back into the ball on the downswing.

When shifting your weight by moving your upper body back and behind, the ball literally moves within your line of vision. As your upper body shifts back toward the target during your downswing, your eyes have to search to locate the ball. This moment of hunting will kill your handeye coordination and your consistency.

Instead, focus on a pivot that will make the swing more effortless. The best players throughout time make a minimal move away from the golf ball as they rotate their shoulders in a circle around their center. The center of the shoulders should remain fixed throughout the swing to help the club bottom out in the same place every time.

By not shifting your weight, and rotating your shoulders correctly, you will create a more centered backswing. As a result, you do not have to rely on timing, and will find the low point in front of the golf ball more consistently.

I hope you enjoy the best golf season ever, and look forward to seeing you at the Dana Rader Golf School.

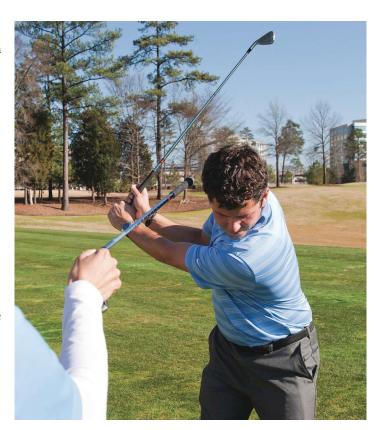
To schedule a lesson, contact me at akiger@danarader.com, visit www.danarader.com or call 704-542-7635. If you are looking for more golf tips, visit www.drewkiger.wordpress.com for my video blogs. 🖺

Check out the video version of this tip at www.ballantynemagazine.com and www.danarader.com.

#### Drill #1

To keep your body centered in the backswing, have a friend hold a shaft with the grip end an inch behind your right ear (for a right-handed golfer). If you are swaying back in your backswing, you will feel the grip touch your ear. In the backswing allow your left shoulder to turn down more toward the ball, and underneath your chin so that your shoulders are rotating in a circle correctly.

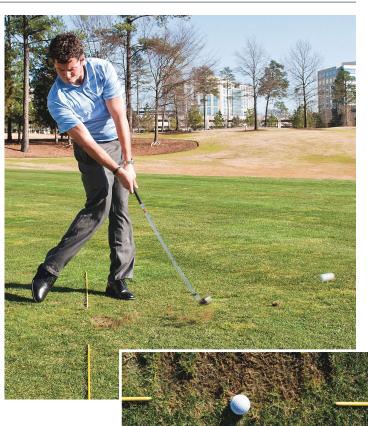
Another version of this drill is to find a door frame at home. Without a club, practice your backswing while keeping the right side of your head against the door frame. This will not allow your body to sway back behind the ball.



#### Drill #2

Another great drill is to practice hitting the ground in the right spot. Draw a line in the ground or use your clubs to mark where you want to start your divot. Practice hitting the ground just ahead of where the golf ball would be, taking a divot ahead of the line. This will help you find the right low point, and you will start catching the ball on the downswing just like the tour pros you'll see this spring at the Wells Fargo Championship. This will result in more pure shots and hitting more greens in regulation.





Advertiser	Page Number
AAA Cleaner & Tailor	46
Allen Starrett, Trusts, Estates and Bo	usiness Law 92
Aloft Charlotte Ballantyne	
Aten Family & Cosmetic Dentistry .	19
Ballantyne Acupuncture	92
Ballantyne Business Center	35
Ballantyne Commons East	4
Ballantyne Corporate Park/Bissell C	Companies 81
Ballantyne Jewelers	2
Ballantyne Magazine	91
Ballantyne Quad	46, 47
Ballantyne Village Management Gr	oup 11
Ballantyne Wealth Management	21
Ben Bowen Properties	
Bojangles Coliseum	96
Carolina Bone and Joint	61
Carolina Dental Arts	77
Carolina To Go	92
Carolina's Great Real Estate	92
Carriage Fine Dry Cleaning	55
Charlotte Brain Balance	26
Charlotte Knights	57
Chick-fil-A at StoneCrest	89
Courtyard Marriot Ballantyne	31
Crohn's & Colitis Foundation of Am	
Dana Rader Golf School	89

Advertiser	Page Number
David Huss, Realtor®	
Denim Affair	77
DeWoolfson	
Diamonds Direct	Back Cover
Duckworth's Grill & Taphouse	46
Firebirds Wood Fired Grill	
Fitness Together	
Get in Shape for Women	
Golden Properties	
H2 Laser & Skin	92
Haas Wellness Center	7
Hawfield Farms	
Hello Beautiful Salon	
Holt Family Dentistry	
House of Hund	
HYPOXI STUDIO Ballantyne	
Jordanos Men's and Women's Bo	outique 47
Josh Garbert, Edward Jones	
K&B Lawn & Landscape LLC	92
Kohleen & Associates	
Longview PropertiesI	nside Front Cover, 1
Lorenzo's Pizzeria	95
Marriott Hotels	51
Metro GreenScape	60
Morrison Family YMCA	58
Mystique Hair Salon	50

Advertiser	Page Number
New Day Wellness Center	50
Oasis Pools	
Off the Wall Designs and Events	92
Pandora Blakeney	43
Piedmont Plastic Surgery & Dermat	tology 3
Presbyterian Cardiovascular Institut	e9
Robert Yatko, New York Life Insurar	nce 91
Roosters Men's Grooming Center .	47
Savvy Spaces	5
Serenity Hair Spa	
Steve Moore Chevrolet	
Ted Goldsmith, Realtor®	
Terrace Café	
The Club at Longview Insi	
The Paddock at Springfield LLC	
Think Chocolate	
Today's Outdoor Living	
Ty-Par Commercial Real Estate	
Urology Specialists of the Carolinas	
Wellenreiter Dentistry at Blakeney.	
Wil Brooks, State Farm	
Woodies Auto Service	
Your Office Ballantyne - Meeting Ro	
Your Office Ballantyne - Office	55

# orenzo's Pizzeria





Lorenzo's Pizzeria is a family owned and operated restaurant. We are committed to serving authentic homemade Italian food in a quick-service, casual family atmosphere. Lorenzo's Pizzeria makes pizza dough and sauces fresh daily on premise. Our recipes are taken straight from our Italian kitchen using the highest quality and freshest ingredients to provide a world class dining experience every time!



Hours: Mon - Thurs 11:00am - 9:00pm Fri & Sat 11:00am - 10:00pm Sun 12:00pm - 9:00pm

Dine-In / Take-Out / Catering

Intersection of Tyvola & Yorkmount

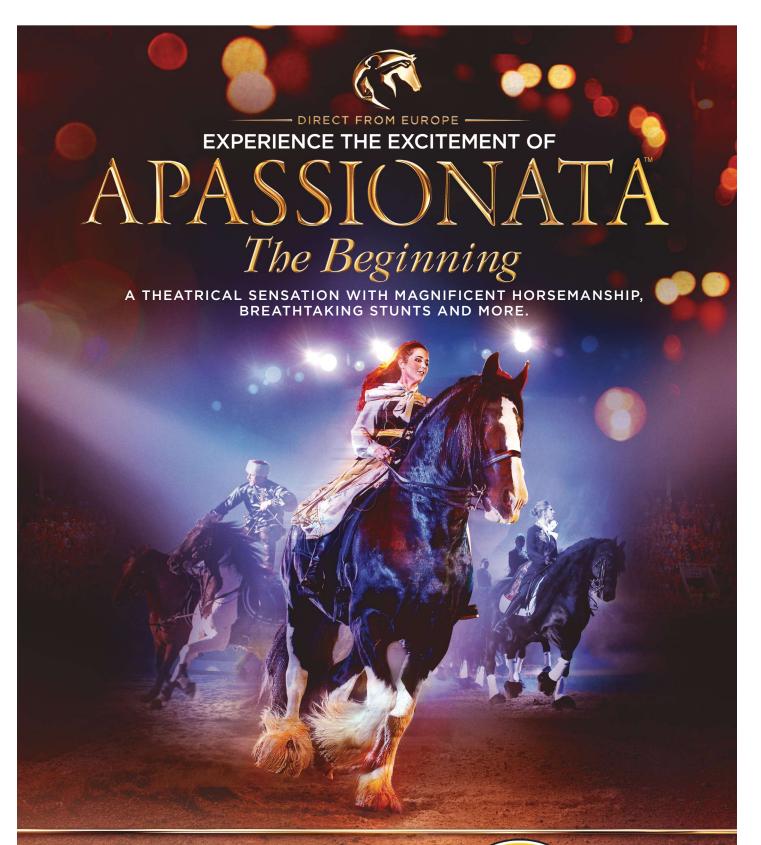
704.329.0700

www.lorenzos-pizzeria.com

Cedar Walk Plaza at Ardrey Kell Road & Marvin Road 16721 Orchard Stone Run • Suite 100 Charlotte, NC 28277



BALLANTYNE MAGAZINE



## MAY 4-6 COLISEUM

ticketmaster800-745-3000 | BOJANGLES' COLISEUM BOX OFFICE | WWW.BOJANGLESCOLISEUM.COM FOR GROUPS CALL: 877-713-7713 OR EMAIL: SHARRIS@APASSIONATA.COM

WWW.APASSIONATA.COM

# Today's Outdoor Living



#### **Everything for your Patio**

PATIO FURNITURE

UMBRELLAS

GRILLS

BUILT IN GRILLS

SMOKERS

GRILL TOOLS

DECORATIVE

ACCENTS

SWIMMING POOL SUPPLIES

POOL CHEMICALS

MORE...



Blakeney Crossing Shopping Ctr 9815-D Rea Rd Charlotte, NC 28277

**704-347-1133** 

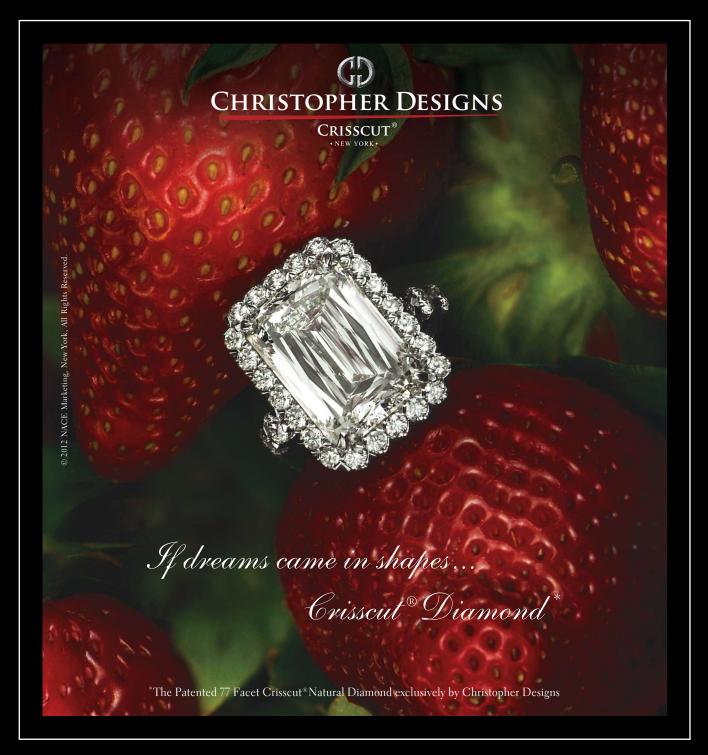
www.TodaysOutdoorLiving.com



#### Targeted figure shaping with HYPOXI®

The HYPOXI-Method® is healthier than any plastic surgery or liposuction and is still highly effective. In only a few weeks you can lose inches from your stomach and waist without having to go through intrusive and risky operations. Your success will result from performing moderate fat burning exercise while HYPOXI® equipment simultaneously activates circulation in problem areas. It doesn't matter where you want to reduce - stomach, waist, hips, buttocks or thighs. For more information visit: www.hypoxistudio-ballantyne.com







The Official Jeweler of the Carolina Panthers

4521 Sharon Road, Charlotte NC 28211 • 704.532.9041 or 888.400.4447 (Located across from SouthPark Mall)
Hours: Monday-Friday 10:00-7:00, Saturday 10:00-6:00 www.Diamonds-Direct.com